

E-Update April 19, 2024



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator go to mstewart@psych.org.



This Week at the Capitol

All the conferees are now in place on HB 1725 to address potential Medicaid expansion this session. Reps Missy McGee, Joey Hood and Sam Creekmore along with Senators Kevin Blackwell, Nicole Boyd and Brice Wiggins have until Monday, April 29 to formulate and agree on a plan. If you are passionate about expansion, call the Lt. Gov's office at 601-359-3200 and encourage him to formulate a cost-effective plan that allows for a state health exchange and impacts working Mississippians caught in the coverage gap. You may also reach out to your elected Senator through the Capitol switchboard at 601-359-3770 and leave a message as his/her constituent.

Conference reports on general bills are being formulated daily. MPA Exec Director, Angela Ladner met with House Public Health Chairman Sam Creekmore yesterday to discuss HB 1640, which is expected to have comprehensive reforms to preliminary screenings in the

commitment process, an annual audit requirement for the CMHC's, jail diversion by holding someone in any licensed medical facility or crisis stabilization unit, county of residence covering cost for patients being held and law enforcement transport of patients over county lines to get to an appropriate treatment option. MPA is working on many other bills including

awaiting actions from the Governor. One of note is SB 2681, which allows for certified academic language therapists (CALT) to provide assistance to students with dyslexia. A group of individuals who currently have a monopoly on providing these services have shared false data with Gov Reeves and there is a threat of veto on the table. If you believe that a free market should exist in all things including dyslexia therapy services, then call the Governor's Office at 601-359-3150 and tell him to sign the bill. Data shows that progress for students helped by CALTs shows no difference between the abilities of the two certification pathways to remediate dyslexia. Our children deserve help and this bill allows for that to be opened to more help not suggesting that no therapy is better than therapy from a CALT. This bill has significant financial implications for the monopoly, and they are fighting loudly to keep the current system locked. All of this despite approval by the Senate in a vote of 52-0 and the House vote of 121-0. Time to pick up the phone and tell the Governor that its clear the Legislature has spoken on this issue so sign the bill.

Ladner is pictured above with Senator Cindy Hyde-Smith in Washington, DC earlier this week during a quick visit with the MS Congressional delegation.

Tennis Anyone? Mixed Doubles May 18th to Smash the Stigma

Parham Bridges will host a combo mixed doubles tournament to benefit the Clear the Mental Illness Stigma Foundation on May 18th beginning at 9am. Text Kelli at 601-573-2295 to register. The cost to enter is \$50 which includes food, beverages, and a t-shirt.

Resident Opportunity to Serve as Area 5 Dep Rep to the APA Assembly

It is time to fill the Area 5 RFM Deputy Representative position! At our last area council meeting, I mentioned that we will start accepting nominations for this position. I wanted to send a follow up and further information. We will hold elections for this position at our area council meeting in May at the Assembly Meeting in New York.

Eligible candidates must be residents or fellows that are available to serve Area 5 starting after the 2024 May Assembly Meeting until the Spring Assembly in 2026. They must be in training during that time, so will need to be a resident or fellow for the next two academic years. Additionally, they must be an APA member.

For a complete nomination packet, we will need:

1. Letter of interest - a paragraph written by the nominee stating why they would like the position

2. Letter of recommendation from a DB rep or Assembly rep for the nominee
([Dr. Corey Jackson](#) or [Dr. Chasity Torrence for Mississippi](#))
3. CV of the RFM nominee

The deadline for submitting the complete application is **May 2 at 11:59pm ET**. Application materials can be sent to me at anthony.kulukulalani@unchealth.unc.org.

Please reach out to your district branches to see if there is any interest. If somebody is interested but would like more information, I am happy to find time to meet with them to talk about the duties and expectations.

It has been an honor working and learning from you all these past two years. I have truly appreciated this experience, and I look forward to your continued guidance with our area 5 RFM assembly representatives.

Warm regards,

Anthony Kulukulalani, MD, Area 5 RFM Assembly Representative, Chapel Hill, NC

Sunday, May 5: PRMS and SPA Annual Spring Reception

We are thrilled to announce that our Annual Spring Reception, co-hosted by PRMS and the Southern Psychiatric Association, will take place on Sunday, May 5, 6:00 to 8:00 pm, in New York! If you plan to attend the meeting, we hope you and your members will join us at the reception at the Skylark in NYC!

Southern Psychiatric Association Meeting Dates for 2024

Mark your calendar now for the 2024 meeting with the Tennessee Psychiatric Association:
September 11 – 14, 2024 Westin Hotel in Chattanooga, Tennessee

Thanks to Everyone Who Attended the MPA/LPMA Annual Meeting in Baton Rouge, LA

Thank you for participating in the MPA/LPMA meeting...we had a great time connecting with everyone and considered the weekend a SUCCESS!

The LPMA website has been updated with the following items:

- Speaker Presentations (only presentations allowed to be shared) : https://www.lpma.net/content.aspx?page_id=22&club_id=547057&module_id=651093

- Poster Competition

Winners: https://www.lpma.net/content.aspx?page_id=22&club_id=547057&module_id=650218

- CME

Information: https://www.lpma.net/content.aspx?page_id=22&club_id=547057&module_id=651096

We also have a special Google Drive folder with photos from the weekend from LPMA member, Dr. David Post: https://drive.google.com/drive/folders/10mIx7i-m3nNSE7qo_Nuh-dB7zq8_7j5C?usp=sharing

Please also don't forget to take the meeting survey. Your feedback is important to the development of future meetings and programming.

>> <https://forms.office.com/Pages/ResponsePage.aspx?id=rYb3TQI3006c7YDHZlwQo5NMSeL1HJ1Gh7I8qJ-K6rFUQjg1T05EWkNMS1hUVIJXTVIyQzBQTEsyQS4u> <<

Our sponsors and exhibitors also play a huge role in the meeting. Thank you again for taking time to visit with them. More to come about future date and location as MPA is the lead state in 2025.

THREE THINGS TO KNOW ABOUT: NON-ADHERENT PATIENTS

Written by
Professional Risk Management Services® (PRMS®)

1. Nonadherence often results in inadequate or incomplete treatment, which in turn may prolong the patient's illness. This can lead to a longer period of therapy and increased costs, which again may lead to decreased adherence. Additional problems may occur when patients see other providers and fail to apprise you of other medication(s) those physicians may have prescribed, or when patients take herbal remedies and other over-the-counter medications that they fail to mention.
2. Once you have determined that a patient is nonadherent, the next step in managing the problem is determining why. While your patient may be intentionally disregarding your recommendations, it could also be that he or she is unable to follow them for some reason. It may be that there is a desire on the part of the patient but also some sort of barrier that precludes adherence.
3. Displeasure with side-effects (e.g., weight gain, sexual dysfunction, acne) is a common reason for patients to fail to take prescribed medication. Other reasons include belief that the medication is ineffective because the patient did not see an anticipated improvement in a specific time period, lack of appreciation of benefit if changes are not felt or seen, and belief that the condition has been "cured" once some improvement is seen.

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- Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)
- MPA Main account: [@MSPsychiatrist](https://twitter.com/MSPsychiatrist)

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What's New at the APA

- **Dr. Theresa Miskimen Rivera, M.D.** was chosen as the next President-Elect of the American Psychiatric Association after the most recent APA election cycle. Dr. Miskimen is currently chair and medical director of the Department of Psychiatry at Hunterdon Medical Center in Flemington, New Jersey, and previously served as Speaker of the APA Assembly. You can [read more about Dr. Miskimen Rivera and see the rest of the election results here.](#)
- **One in five** pet owners has an emotional support animal, according to the results of a Healthy Minds Monthly poll released jointly by APA and the American Veterinary Medical Association. 84% of those polled say pets have a positive impact on their mental health. A majority of those surveyed (62%) also indicated that their pets help them reduce stress and anxiety. You can read the full poll results [and read more about pets and mental health here.](#) We also encourage you to use our #Paws4MentalHealth [social toolkit](#) to help promote the effort.
- As elections, wars, and other controversial events and issues swirl in the news feeds and on social media, members of APA's Council on Communications wrote a blog titled [How to Discuss Controversial Issues with Your Mental Health in Mind](#) on having tricky conversations.

Register Today for the APA Annual Meeting in New York City

Join your colleagues at APA's 2024 Annual Meeting from **Saturday, May 4, through Wednesday, May 8**, and hear from the field's leading experts. Plenary sessions will feature

Anderson Cooper, Bryan Stevenson, J.D., M.P.P., and a Broadway extravaganza. Choose your meeting experience—in person or virtual!

[LEARN MORE AND REGISTER](#)

APA Foundation Launches New Initiative for Mental Health of Black Men

The suicide rates among young African American/Black males have risen faster over the past two decades than among any other racial group. The APA Foundation's My Brother's Keeper Project will specifically reach out to this demographic to provide psychologically safe spaces for healing and normalize seeking mental health care when it is needed.

[READ MORE](#)

Calling All Medical Students and Education Directors

The APA Foundation invites applications for its Helping Hands Grants Program. The program provides grants of up to \$5,000 to medical schools for mental health/substance use disorder projects, particularly in underserved minority communities. The projects are developed and managed by medical students with community agencies or in conjunction with medical school outreach activities. The deadline is **Friday, May 31**. Psychiatry education directors are asked to share this information with their medical students.

[LEARN MORE](#)

Reserve Your Spot at the APA Foundation Benefit

The APA Foundation will hold its annual benefit on **Monday evening, May 6**, at the Cipriani 25 Broadway, an Italian neo-renaissance masterpiece. Enjoy a night of dinner, dancing, and fun as we celebrate the APA Foundation's progress toward creating a mentally healthy nation for all.

[PURCHASE TICKETS](#)

Contact Your Representative to Prevent Cuts to Physician Reimbursement

The Centers for Medicare & Medicaid Services (CMS) approved a 3.4% reduction in Medicare's physician payments for 2024. This cut is devastating to physician practices and the patients they care for, and could necessitate reduced staffing and office closures, disproportionately harming rural and underserved communities. **Please urge Congress to prevent these devastating cuts from going into effect by cosponsoring the Preserving Seniors' Access to Physicians Act of 2023 (H.R.6683)**. This bipartisan bill would completely eliminate the 3.4% physician pay cut expected to take effect on January 1. Learn more and [compose a message to your representative in Congress here](#).

Be a Part of APA's Speakers Bureau

APA is seeking members who are active and engaged in Component activities to be a part of APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. This includes writing blogs on important mental health topics, providing government testimony, and participation in social media events, like Twitter/X chats, Instagram live, and more.

Members of the APA Speaker's Bureau, as an internal influencer group, will also be asked to amplify APA's voice by promoting public education initiatives via social media and engaging during APA social media events.



Simply scan this QR code to access the speaker's bureau form and add your voice.

Note: Any personal information shared is kept **strictly confidential** and only able to be accessed by APA Communications staff. We ask for this information so that we can get a decent picture of who our experts are and make the best match for a given opportunity. Participation in this project does not guarantee that a member will be contacted for a media interview or other public-facing opportunity.