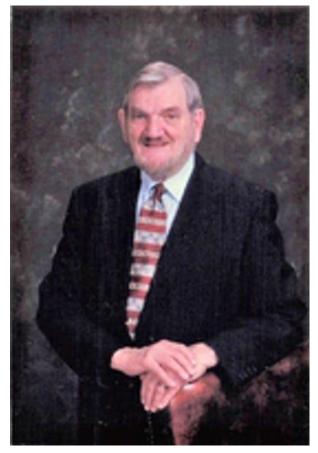
# E-Update August 25, 2023



#### Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm.Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in royal blue contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Doneisha Berryman. Please contact Doneisha at 202-459-9749 or dberryman@psych.org.



### MPA Mourns the Loss of Dr. C. Duane Burgess of Columbia

On August 16, 2023, C. Duane Burgess, M.D., went home to his Lord and Savior at 91 years old.

Duane was a board-certified psychiatrist, having attended the University of Mississippi Medical School.

In 1967, he began a private psychiatric practice in Hattiesburg. Dr. Burgess established the psychiatric wing at Forrest General Hospital, and he continued practicing in Hattiesburg while recruiting additional psychiatrists to the area for over 35 years. He was an active member of the Mississippi Psychiatric Assn for many years and frequently attended CME meetings.

The funeral service will be held for Charles Duane Burgess, Sr., M.D. on Saturday, August 26, 2023, at 10:00 A.M. at First Baptist Church in Columbia, MS. Following the funeral, graveside services will be held at Lake Park Hills Cemetery at 2:00 P.M. in Laurel, MS. Visitation will be held on Friday, August 25, 2023, from 4-5 P.M. for family, 5–8 P.M. for friends and family at Hathorn Funeral Home, Columbia, MS.



# Join the APA Foundation in Supporting Maui Disaster Relief

August 23, 2023

Dear Friend,

The destructive wildfires in Maui continue to claim lives and threaten the physical, mental, and environmental health of the Lahaina community. The American Psychiatric Association (APA) and the APA Foundation (APAF) send our support to all who have been affected by these devastating fires, and their families on the island of Maui and in the continental U.S. The APA Foundation has committed to a robust charitable response to the wildfires, including donating \$25,000 to the Maui Strong Fund.

We encourage all APA Foundation supporters to get involved in the effort by joining <u>us in donating</u> to the Maui Strong Fund, an initiative of the Hawai'i Community Foundation, and spreading the word about this humanitarian relief effort.



For more information on supporting Hawaiians during the largest natural disaster in their state's history, <u>see a list of resources</u> compiled by the APA for mental health clinicians and other first responders.

Thank you for all you have done and continue to do to help make our world better than it was yesterday. Our work together has never been more important.

Very truly yours,

Rawle Andrews Jr., Esq. Executive Director American Psychiatric Association Foundation **One Week Left to Apply for Fellowship**: If you have been on the fence about applying for APA Fellowship, MPA encourages you to do so this year, if you are eligible. Members submit their own applications to become a Fellow of the APA. APA will be reaching out to eligible members through August 2023. Simply follow the link below and fill out the application. It will not take you long and you can become a part of this esteemed group. FAPA Application Link (also available on APA website): <a href="https://fapa.psychiatry.org/">https://fapa.psychiatry.org/</a>

#### Request from Mississippi Pediatrician to Participate in a Survey by Sept 30th

Greetings fellow Mississippian physicians,

I am Denise Powell, a community pediatrician on the Mississippi Gulf Coast, as well as a 2023 <u>Climate and Health Equity Fellow</u>; I am asking for your assistance in completing a survey created with the intention of gauging the understanding and priorities of physicians throughout Mississippi regarding the impact of climate on health.

This voluntary and confidential *Physician survey on Climate Health* survey will take fewer than 15 minutes of your time. It can be accessed by clicking the link below depending on the region of Mississippi you live in (Gulf Coast, Central Mississippi, Delta).

You also could win a \$100 Amazon gift card after completion of this survey.

Please complete and submit this survey no later than September 30, 2023.

Links to surveys depending on region

Begin survey for Central Mississippi <u>here</u> Begin survey for Mississippi Delta <u>here</u> Begin survey for Mississippi Gulf Coast <u>here</u>

Thank you for your time.

Sincerely,

Denise Powell, MD

#### Hoot, What, Where: PRMS' Network Newsletter Q3 2023

From risk management and claims advice to risk alerts, PRMS news, and events, this quarterly newsletter shares relevant news, useful tips, and important updates in the field of psychiatry to help keep, your members, their patients, and their practices safe. Articles in the third issue of "Hoot, What, Where" from PRMS cover topics including termination of treatment and office confidentiality policy.

### PRMS Psych-cess: Diversity in Psychiatry

PRMS is excited to announce our second virtual webinar in 2023, PRMS Psych-cess: Diversity in Psychiatry, which may be of interest to your resident, fellow, and early career

psychiatrist members! Psych-cess will take place via Zoom on Thursday, September 21, 6:30-7:30 pm ET and will feature a panel of four knowledgeable psychiatrists leading a discussion on their diverse experiences as physicians studying and practicing psychiatry, as well as treating cultural and ethnically diverse populations. Please feel free to share the save-the-date with your members – we will send the event flyer with more details shortly. To keep an eye on registration details, we invite you to visit <u>PRMS.com/Psych-cess</u>.

# ARE YOU CROSSING THERAPEUTIC BOUNDARIES? 12 DANGEROUS SIGNALS – PART II

Written by Professional Risk Management Services® (PRMS®)

4. You believe that you are the only one who understands the patient; other staff are critical of the patient; other staff are jealous of your relationship with the patient.

5. You tend to keep secrets with the patient; certain information is not charted or reported.

6. You tend to report and communicate only the negative or only the positive aspects of the patient's behavior.

Stay tuned for signals 7-12 in the coming weeks.

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# PRMS

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# Twitter Accounts of Interest Main account: @APAPsychiatric

- Healthy Minds: <u>@APAHealthyMinds</u>
- MPA Main account: @MSPsychiatrist

# Facebook Pages of Interest

Main account: <u>American Psychiatric Association</u>

- Healthy Minds: <u>APA Healthy Minds</u>
- MPA Main Account: <u>Mississippi Psychiatric Association</u>

# <mark>LinkedIn</mark>

- <u>American Psychiatric Association</u>
- <u>Mississippi Psychiatric Association</u>

# DMH 52 Weeks of Progress

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress.

# This week, we highlight Mississippi State Hospital's Psychiatry Residency Program.

The program officially opened in July 2021, after more than a year's worth of work as the program sought accreditation from the Accreditation Council for Medical Education in January 2020 and began interviewing candidates later that year. The program now has 18 residents, including six who joined July 1, 2023. Six more will join next July and the program will have 24 residents participating. Ultimately, we hope the program will aid in increasing the number of psychiatrists who choose to serve in Mississippi, but it is already having an impact. In FY23, the program began providing outpatient services, treating 36 individuals through more than 300 sessions during the year. Residents can learn from an array of psychiatric services provided at MSH including child and adolescent psychiatric services, adult acute psychiatric services, continued treatment psychiatric services, forensic psychiatric services, and substance use disorder services. This program is not only a benefit to the residents, but a benefit to Mississippi State Hospital, and to other state hospitals, area hospitals, community mental health providers, and crisis stabilization units.

# What's New at the APA

• APA released a statement applauding White House action to strengthen parity enforcement. The Mental Health Parity and Addiction Equity Act (MHPAEA) has been federal law since 2008, yet many patients still face challenges getting coverage for mental health care services. You can <u>read</u> <u>the full statement here</u>.

Americans who engage in creative activities on a weekly basis report better mental health, according to the latest Healthy Minds Monthly public opinion poll from APA and Morning Consult. Almost half (46%) of Americans use creative activities like writing, painting or music to relieve stress or anxiety. Americans who engaged in creative activities more frequently tended to rate their mental health better than those that engage in them less often. You can <u>read more about this month's poll results here</u>.

August Course of the Month – Apps and Innovations to Support the Practice of Psychiatry: Current and Future Developments

The COVID-19 pandemic rapidly accelerated the adoption and implementation of many technologies in the practice of psychiatry, such as emergency adoption of video conferencing technologies, adjunctive services such as psychiatric applications on smartphones, providing

psychotherapy and medication management via secure messaging or AI-driven chatbots, and social media and professional online networks connecting patients to available resources and facilitated wellness. This course will review current best practices as well as future developments such as digital therapeutics and predictive analytics in the future psychiatric practice.

<u>Click here to access the Course of the Month and sign up for updates about this free member</u> <u>benefit</u>.

#### 2023 APA Mental Health Services Conference Scientific Program Now Available

The Mental Health Services Conference will take place from **Thursday**, **October 12**, through **Saturday**, **October 14**. You can now review sessions planned for this year's conference. <u>LEARN MORE</u>

### Presidential Initiative on Addiction – Vaping & E-Cigarettes

APA President Dr. Petros Levounis has made public information campaigns on confronting addiction the focus of his presidential year. The currently ongoing <u>vaping & e-cigarettes</u> <u>campaign</u> aims to give the public information and resources on the <u>risks of vaping and how to quit</u>, including <u>infographics</u> and an <u>animated explainer video on the potential harms of vaping</u>. More information on vaping & e-cigarettes, and other <u>related issues like cannabis</u> are available on Psychiatry.org.

### Submit Abstracts for APA's 2024 Annual Meeting

Abstract submissions are now being accepted for APA's 2024 Annual Meeting, which will take place May 4 to 8 in New York, N.Y. The theme of the meeting is "Confronting Addiction From Prevention to Treatment." Submit your ideas for general sessions, courses, and posters to the biggest psychiatric meeting of the year. <u>LEARN MORE</u>

### Nominations Now Open for APA Components and Board of Trustees

APA's success hinges on the expertise, knowledge, and input of its members. Learn more about APA leadership opportunities and nominate yourself or a colleague by Tuesday, August 15, for component service and Friday, September 1, for the Board of Trustees. <u>LEARN MORE</u>

#### Nominations Invited for APA Awards

APA recognizes psychiatrists and mental health advocates who have made exceptional contributions to psychiatry and mental health in a range of categories. Visit the APA awards webpage for award categories and nomination criteria. <u>LEARN MORE</u>