

**E-Update August 4, 2023**



**Medical leadership for mind, brain and body.**

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Doneisha Berryman. Please contact Doneisha at 202-459-9749 or [dberryman@psych.org](mailto:dberryman@psych.org).



**MPA Member Dr. Gregory Gordon of Brandon Takes 2<sup>nd</sup> as Top Individual Fundraiser**

The APA's Division of Diversity and Health Equity combated mental health inequities facing young people of color while honoring mental health advocate Bebe Moore Campbell at the 5K race last Saturday. Dr. Gregory Gordon of Brandon, MS adopted a tagline of "Ending Stigma in Minority Communities." With the race and fundraising now at a close, Dr. Gordon raised \$3075 to benefit the APA Foundation. His fundraising generated him 2<sup>nd</sup>

place as the individual participant who raised the most money overall. "Mississippi is known for its generosity in charitable giving, and it shows! I am very grateful for all the support, said Dr. Gordon."

**APA Fellowship Applications Now Accepted** If you have been on the fence about applying for APA Fellowship, MPA encourages you to do so this year, if you are eligible. Members submit their own applications to become a Fellow of the APA. APA will be reaching out to eligible members through August 2023. Simply follow the link below and fill out the application. It will not take you long and you can become a part of this esteemed group. **FAPA Application Link (also available on APA website):** <https://fapa.psychiatry.org/>

## MPA Members on the Move



This is a new feature of the e-update. MPA members are encouraged to share their photos so we can show that psychiatry is on the move around the state. Serving on a board, share a photo; performing community service, share a photo; having a Resident event, share a photo; all things APA can be shared with MPA and vice versa. APA retweeted MPA's post earlier this week about MPA President-Elect, Dr. Katherine Pannel of Oxford, presenting at the M1 Orientation for new students at William Carey University College of Osteopathic Medicine this week. Let us see what our MPA members are doing in their communities and around the state.

## Past and Upcoming Trainings from the APA Communications Team:

Thanks to all who have attended the first three webinars on communications! These are hosted the second Tuesday of every other month at 3 pm Eastern, as live and recorded webinars. These are open to any APA member, but specifically geared to those who are active in their DB/SAs.

### Effective Opinion Writing

This training will cover the basics of opinion writing as well as options for publication: op-eds, letters to the editor, LinkedIn, etc.

Tuesday, August 8, 3 pm-4 pm Eastern

Register:

[https://psychiatry-org.zoom.us/meeting/register/tZUkfu2gpzMtHdBRQVzfQcX5o\\_6LXY0-YGLv](https://psychiatry-org.zoom.us/meeting/register/tZUkfu2gpzMtHdBRQVzfQcX5o_6LXY0-YGLv)

### Recordings:

[Social Media for Organized Psychiatry](#): Passcode: q3tf@A##

[APA Storytelling for Communications](#): Passcode: 0N?7DHc=

[Media Relations 101 with Senior Media Relations Manager Erin Connors](#)

## MPA Past President Chosen as Chairman of the UMMC Dept of Psychiatry and Human Behavior



### Behavior

MPA Past President Dr. Mark Ladner was named Chairman of the UMMC Dept of Psychiatry yesterday in an official press release shared at left. Congratulations to Dr. Ladner on his new position!

### JOIN APA'S SPEAKER'S BUREAU

APA is seeking members who are active in the association to join APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. [Fill out the form here](#) to participate in the APA Speaker's Bureau. Please contact us ([vtitterton@psych.org](mailto:vtitterton@psych.org)) with any questions you may have

### Nominations Now Open for APA Components and Board of Trustees

APA's success hinges on the expertise, knowledge, and input of its members. Learn more about APA leadership opportunities and nominate yourself or a colleague by Tuesday, August 15, for component service and Friday, September 1, for the Board of Trustees. [LEARN MORE](#)

### UPDATE ON PRESIDENTIAL CAMPAIGN:

You may have heard that President Petros Levounis, M.D., M.A., is focused [on addiction for his presidential year](#). APA will be covering Vaping, Opioids, Alcohol, and Technology in the coming months with public education materials.

**Vaping materials for the public are available here—please share!**

Videos:

<https://www.youtube.com/watch?v=S3jtG1pi22M> (English)

[https://www.youtube.com/watch?v=DKp\\_JJ9oP5s](https://www.youtube.com/watch?v=DKp_JJ9oP5s) (Spanish)

Blog: <https://www.psychiatry.org/News-room/APA-Blogs/Vaping-is-Unhealthy-Tips-and-Resources-to-Help-Quit>

New Informational Website: <https://www.psychiatry.org/patients-families/e-cigarettes-and-vaping>

Infographics: [https://americanpsych-my.sharepoint.com/:f/g/personal/vtitterton\\_psych\\_org/EmjM-Az4aQIJsauCCoF9OMoBFpXuuoAocNY3Mc2Fq26Chw?e=4jcQAe](https://americanpsych-my.sharepoint.com/:f/g/personal/vtitterton_psych_org/EmjM-Az4aQIJsauCCoF9OMoBFpXuuoAocNY3Mc2Fq26Chw?e=4jcQAe)

Materials on Opioids are in development for release in September, Recovery Month.

## PATIENT SAFETY TIPS – PART I

Written by  
Professional Risk Management Services® (PRMS®)

Many hear the term “patient safety” and think of initiatives by large health care systems that can prevent harm caused to patients by medical error. But in fact, patient safety is the responsibility of all healthcare providers at all levels of care. In recognition of Patient Safety Week, PRMS has compiled a list of tips to help you consider the greatest sources of harm to your psychiatric patients, which will not only lower risk of harm to your patients, but also help to protect you from liability exposure – definitely a win-win for all!

### Medication Safety

**Do** consider checking your state’s Prescription Drug Monitoring Program (PDMP) before prescribing controlled substances, even if not legally required to. Checking the PDMP database can greatly enhance patients’ safety.

**Do not** automatically renew prescriptions of prior treaters without your own thorough evaluation of your patient. Obtain your own informed consent prior to prescribing.

**Do** be explicit with instructions about dietary and/or activity restrictions such as driving.

**Do** warn patients about the signs and symptoms of medication reactions (such as developing a rash) and what to do if reactions occur.

**Do** set up a monitoring system to track patient’s use of medications to include such elements as:

- List of medications that routinely require blood levels monitored, a schedule for frequency of testing, list of testing to be done.
- List of medications and patient conditions that require baseline and ongoing laboratory tests.
- Procedure for the timely review and response to results of lab testing.
- Documentation of instructions to patients to obtain lab testing and documentation that testing was done. If patients refuse or are unable to obtain lab testing, documentation of response and plan to manage this situation.
- Information and instructions to patients (and families when appropriate) about why monitoring is needed.
- Periodic review, and documentation, of the efficacy of medications and adjustments made because of information obtained (change in dosage, change in route, change in time of administration of medication, etc.).
- Side-effects and adjustments made as a result of information obtained and documentation of same.

Stay tuned for Part II which includes tips regarding Patients at Risk of Suicide.

**EXCEPTIONAL MEDICAL MALPRACTICE  
INSURANCE FOR PSYCHIATRISTS**

[LEARN MORE >](#)



**PRMS**

Manager of The Psychiatrists’ Program

Medical Professional Liability Insurance for Psychiatrists  
1-800-245-3333

Email: [TheProgram@prms.com](mailto:TheProgram@prms.com)

Visit: [PRMS.com](http://PRMS.com) Twitter: [Twitter.com/PRMS](https://twitter.com/PRMS)

Facebook: [Facebook.com/PRMSprograms](https://facebook.com/PRMSprograms)

LinkedIn: [LinkedIn.com/company/PRMSprograms](https://LinkedIn.com/company/PRMSprograms)

### **Twitter Accounts of Interest** Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

- Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)
- MPA Main account: [@MSPsychiatrist](https://twitter.com/MSPsychiatrist)

### **Facebook Pages of Interest**

- Main account: [American Psychiatric Association](https://facebook.com/AmericanPsychiatricAssociation)
- Healthy Minds: [APA Healthy Minds](https://facebook.com/APAHealthyMinds)
- MPA Main Account: [Mississippi Psychiatric Association](https://facebook.com/MississippiPsychiatricAssociation)

### **LinkedIn**

- [American Psychiatric Association](https://linkedin.com/company/AmericanPsychiatricAssociation)
- [Mississippi Psychiatric Association](https://linkedin.com/company/MississippiPsychiatricAssociation)

### **DMH 52 Weeks of Progress**

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress.

#### **This week, we highlight IDD Crisis Diversion Homes.**

A crisis diversion home supports up to four people at a time who have intellectual and developmental disabilities and are experiencing a crisis, providing specialized support 24 hours a day, seven days a week. Individuals admitted to the homes participate in a person-centered planning meeting along with any family or friends who may be able to participate. DMH funds IDD crisis diversion homes with several DMH Certified Providers around the state and added eight more beds in the last fiscal year. A six-bed home operated by Boswell Regional Center also opened in FY23. In the current fiscal year, DMH plans to add four short-term crisis beds at the state's other IDD regional programs. An intellectual disability is characterized by limitations in intellectual functioning and difficulties in a variety of everyday social and practical skills. A developmental disability is attributed to a cognitive or physical impairment that results in limitations in areas such as self-care, language, and mobility. The term IDD covers a broad range of disorders and syndromes. For more information, you can call the DMH Helpline at 1-877-210-8513.

### **What's New at the APA**

- APA released a statement in response to a Supreme Court ruling in *Students for Fair Admissions v. President and Fellows of Harvard College* and *Students for Fair Admissions v. University of North Carolina* that struck down affirmative action. The statement supports a race-conscious approach to college admissions as an effective tool for assembling a diverse

mental health work force. You can read the full [APA statement on the affirmative action decision here](#).

- The APA Foundation earned three Gold Telly Awards for an educational video promoting the Notice. Talk. Act.® program. The official award titles are Gold Telly for Social Video – Not for Profit, Gold Telly for Social Video – Social Impact, and Gold Telly for Social Video – Workplace Culture. The Telly Awards have been recognizing excellence in digital storytelling for over 15 years. You can read more about the foundation's Gold Telly Awards [here](#).

### **Videos for Sharing:**

APA's [Youtube channel](#) has a plethora of mental health focused videos you can use on social media or share elsewhere. Check out our playlist of Spanish language mental health explainers: [https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3\\_c0tpWquvGObsROanF\\_Eb6jqS0eR2](https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3_c0tpWquvGObsROanF_Eb6jqS0eR2).

### **2023 APA Annual Meeting Virtual Courses Available**

These four-hour online courses are led by experts on major topics in psychiatry. They offer a comprehensive approach to learning using various formats, from interactive self-paced modules to virtual skill-building instruction featuring live case presentations and breakout groups. [REGISTER HERE](#).

### **Submit Abstracts for APA's 2024 Annual Meeting**

Abstract submissions are now being accepted for APA's 2024 Annual Meeting, which will take place May 4 to 8 in New York, N.Y. The theme of the meeting is "Confronting Addiction: From Prevention to Treatment." Submit your ideas for general sessions, courses, and posters to the biggest psychiatric meeting of the year. [LEARN MORE](#)

### **Registration Now Open for 2023 Mental Health Services Conference**

The Mental Health Services Conference will be held in Washington, D.C., on Thursday, October 12, through Saturday, October 14. Roll your sleeves up and learn, collaborate on new solutions, and network with other colleagues who care for those with mental illness. [REGISTER TODAY](#)

