

E-Update Dec 1, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in [royal blue](#) contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator.

MSMA Cuts Ribbon on Cornerstone Plaza Thursday at 3PM



A commemorative brick donated by MPA has been laid in the cornerstone plaza at the MSMA Headquarters in Ridgeland. This project was undertaken by the Medical History Group chaired by Dr. Ralph Didlake. The plaza features the cornerstone from the Colored King's Daughters Hospital in Greenville, MS. The plaza also displays reclaimed bricks and artifacts from hospitals that served African-Americans and the impoverished in Mississippi. The construction was made possible through donations and the purchase of personalized pavers, which line the interior of the plaza.

Congratulations to Dr. Avani Patel & Make Plans to Hear Her at APA Annual Meeting in NYC

Both of Dr. Patel's submitted abstracts for APA general sessions "**Connection, Creativity, and Collapse: Mental Health and Problematic Social Media Use**" and "**Psychiatrists in the Public: Professional Development with Social Media Use**" were accepted for 2024 APA Annual in NYC! She was also invited to speak on a third session alongside the APA President-Elect Dr. Viswanathan and CEO/Medical Director Dr. Levin on the APA Foundation's Mental Health Care Works Campaign Update. It's going to be a busy and exciting ride! Make plans to support her and other MPA members during the APA Annual Meeting in May 2024. More to come on days and times for these presentations.

Update from APA CEO, Dr. Saul Levin

It is with sadness that I am reporting that on Wednesday, November 29, APA reduced its workforce to meet budget requirements for 2024. Through division and position consolidations, we ultimately eliminated twenty-one employee positions across the organization. Whereas eleven of those were vacant, ten had people in them who we will miss.

APA has a deep bench of expertise. Even though Wednesday's action was difficult for all in the organization, we are confident our plans going forward will boost efficiencies, help us better support our members and district branches, and invest in the Association's strategic initiatives.

We ask for your patience as we work through these difficult times and support our staff. If you have questions or questions from your members about this topic, please kindly forward them to Colleen at ccoyle@psych.org, and she will provide you with appropriate answers.

Thank you.

Saul Levin, MD, MPA, FRCP-E, FRCPsych
CEO & Medical Director
slevin@psych.org

MPA Asking Members to Consider Implications of the APA Staff Reductions

After a group discussion among DB Executives yesterday, I am particularly concerned about the termination of APA staff members Craig Obey, Erin Philp and Tim Clement. These are the top three key staff in the Department of Government Relations who assist the states. The consensus from the call was that the APA cannot fulfill its advocacy mission or support and collaborate with the District Branches on their advocacy work without these staff members. Additionally, APA physician leadership from the Council on Government Relations (CAGR) has met and concluded the same. The APA Board of Trustees meets on December 9th and 10th, and this will be on their agenda. MPA is requesting your support on the following action item:

Sign this petition as an MPA Member. It was prepared by CAGR, and they have asked that it be disseminated widely. <https://forms.gle/hsXaPnZawRDzPsc3A>

Thanks for your consideration of this request. A majority of the DB's across the country are asking their members to sign the petition. My biggest concern as the lobbyist is the unintended consequences of what a move to shut down the state arm of gov't relations within APA signals to all those scope battles and threats to the practice that we constantly fight at the Capitol.



UMMC Exec Council Liaison Dr. Mimi Pham Shares Comments on Recent Resident Retreat

'The UMMC Psychiatry residents recently had their annual fall residency retreat in Delhi, Louisiana. The residents stayed at Poverty Point State Park for a weekend of good food and company. Some of the events included going to the drive-thru Wildlife Country Safari Park, cooking family dinners, and visiting the UNESCO Poverty Point World Heritage site. It was a great opportunity for team building, growth, wellness, and starting new traditions.'

Doctors Mimi Pham and Dominic Adams organized the entire adventure for their fellow residents.

Registration is Open for the MPA/LPMA Meeting March 2024 in Baton Rouge, LA

Make your reservation and register now for the 2024 LPMA/MPA Spring meeting to be hosted in Baton Rouge, March 1 – 3. This is an opportunity to explore the latest developments in the field of psychiatry in a relaxed and welcoming environment at the Marriott Baton Rouge. Engage with experts on important topics such as Psychedelic Drugs in Substance Use Disorders, Perinatal Mental Health, Risk Management, Physician Assisted Suicide to name a few. We are excited to again partner with LPMAA and the Mid-Gulf Council for Child & Adolescent Psychiatry. I encourage you to take this opportunity to connect with colleagues and contribute to the ongoing progress of psychiatry. [Registration](#) is open and you can [book your hotel room](#) now. Information on the Resident Poster Session should have been shared by your Residency training directors. Please direct any questions to mpa39206@aol.com.



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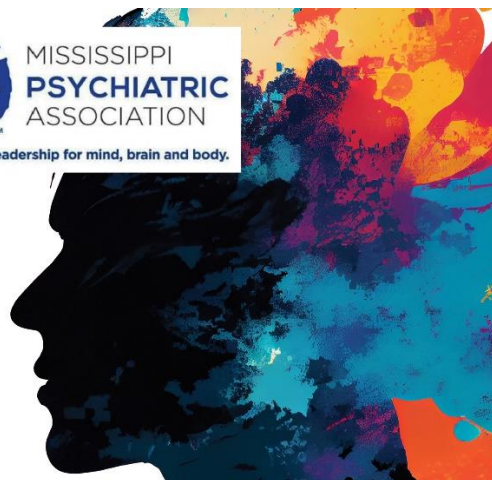


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2024 LPMA/MPA Spring Meeting

MARCH 1 - 3, 2024



DMH 52 Weeks of Progress Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and support available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these

highlights - 52 Weeks of Progress. This week **we highlight substance use disorder services for pregnant and parenting women.**

DMH certified pregnant and parenting women providers are on a mission to uplift pregnant women, parenting men and women, and IV drug users. Providers served 101 pregnant women and 93 parenting women in the specialized substance use disorder treatment programs in FY23. Treatment centers provide referrals for prenatal care and provide interim counseling and education services within 48 hours of receiving the referral. Certified providers are ready to meet the needs of pregnant women and parenting mothers or fathers with dependent children under age five, priority admission is offered to pregnant women and IV drug users. Mississippi is focused on preventing opioid use disorder among pregnant women and women who could become pregnant and to make sure women with opioid use disorder get proper treatment.

THREE THINGS TO KNOW ABOUT: SUPERVISING NURSE PRACTITIONERS

Written by

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1. Before hiring or agreeing to supervise a nurse practitioner, familiarize yourself with your state's regulations regarding a nurse practitioner's scope of practice and requirements for supervision. This information may typically be found on your state's board of nursing website.
2. If a formal collaboration agreement is required, obtain a sample form from the board of nursing if available. The form will set forth what is specifically required of you; for example, how often must the charts of the nurse practitioner be reviewed and what protocols need to be in place
3. Before extending an offer of employment, verify the credentials of the nurse practitioner. This should include verification of: education, licensing status and board complaints, certification, CE hours, employment history, malpractice history, a credit check, and a criminal background check.

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What's New at the APA

More Americans are concerned about finances than they are difficult conversations around the dinner table this holiday season, according to the APA's latest Healthy Minds Monthly poll. More than half of those polled said they are worried about affording holiday gifts, and nearly 40% said they were concerned about affording holiday meals. About a third of those polled anticipated being more stressed about the holidays than last year. You can [read more and see the full poll results here](#).

APA released a statement on the passing of former First Lady Rosalynn Carter, who died this month at the age of 96. Carter was a tireless advocate for mental health throughout her life and used her platform to speak on behalf of those who could not speak for themselves. For her great service to all who live with mental illness and substance use disorders, APA made Mrs. Carter an Honorary Fellow of the APA. You can [read the full statement on Rosalynn Carter's passing here](#).

Small acts of kindness make most Americans feel better, according to a recent Healthy Minds Poll fielded by APA and Morning Consult. 89% of those polled said showing someone else an act of kindness made them feel better, while 90% said receiving an act of kindness made them feel that way. You can read more about how acts of kindness influence our moods and [see the full poll results here](#).

Videos for Sharing:

APA's [Youtube channel](#) has a plethora of mental health focused videos you can use on social media or share elsewhere. We have recently added a video on [opioid use disorder](#), in support of President Levounis' theme. In addition, check out our playlist of Spanish language mental health

explainers: https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3_c0tpWquvGObsROanF_Eb6jqS0eR2

Naloxone Nation Docuseries Out Now

Episode 1 of [Naloxone Nation](#), a docuseries on Opioid Use Disorder featuring Dr. Lief Fenno, has just premiered. The first episode features Dr. Fenno in conversation with a captain from the Opioid Program of the Austin-Travis County EMS in Texas. [Check out Naloxone Nation here.](#)

December Course of the Month – Bipolar Depression: Outcome and Pharmacological Treatment

Bipolar Depression is a largely understudied area. Patients are frequently misdiagnosed as Major Depression Disorder, which leads to utilization of inappropriate treatments including antidepressant monotherapy. This course will review risk factors of emergence of mixed symptoms with the use of antidepressants, the challenges and opportunities of the use of antidepressants, as well as Ketamine, and the efficacy and tolerability of antipsychotics, lithium, and mood stabilizers in the treatment of Bipolar Depression.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

Webinar on Eating Disorders: Early Diagnosis for Better Prognosis

Tune in to the next live lunch and learn webinar in APA's Policy & Practice Insights series. Tools for recognizing and treating eating disorders will be discussed, followed by an opportunity to engage with APA Practice Guidelines staff. You can [register for the Webinar here.](#)

SAMHSA Summer Medical Student Program Seeking Speakers

APA's SAMHSA Summer Medical Student Program is looking for speakers to host didactic sessions for our 2024 Cohort. Our program provides medical students interested in serving underserved communities the experiential learning, training, and professional development they need to be leaders in the field of psychiatry. Our main program offering is a month-long live speaker series aiming to provide program participants the opportunity to learn from world-renowned psychiatrists! We are currently looking for speakers with expertise and experience in these psychiatric subfields:

- Geriatric Psychiatry
- Community Psychiatry
- Reproductive Psychiatry
- Addiction Psychiatry
- Forensic Psychiatry
- Child, Adolescents, & Family Psychiatry
- Working with Marginalized Populations in Urban and Rural Settings

If you have practiced any of these subspecialties, served underserved communities, own a practice or hold a leadership position in your institution, and are looking to pour into the next generation of psychiatrists, please reach out to jbrown@psych.org with a **CV and professional bio**. Speakers are rewarded a \$500 honorarium for their services and are asked to give a 90 min virtual presentation and Q&A session for program participants. Speakers are also expected to attend a closing session panel to network with program participants. Preparation is only needed for your session, not the closing session. **The speaker series will be hosted between June 17 and July 12, 2024.**

Job Opportunities

- 1) Ridgewood Clinic is looking to add a psychiatrist in growing outpatient practice in Jackson Mississippi. If you have an interest in private practice, we can offer you a year's competitive salary and after that sharing office expenses. It may take 6 months for credentials to be approved by the insurance company, but if you have already been approved by the insurance company in Mississippi we can immediately start. If you are interested, you can call me at 601-954-2366. **Krishan K Gupta MD, Diplomat ABPN**
- 2) MPA Colleagues - I am the U.S. Department of State recruiter for Louisiana, Mississippi, Arkansas, and Oklahoma. I would like to highlight job openings for our Regional Medical Officer Psychiatrist positions. These positions are located overseas in a U.S. Embassy, location dependent on needs of the service. Link as follows: <https://www.usajobs.gov/job/756292700> - please find attached a .pdf of the detailed Job Summary, Duties, and Requirements.

M. Shane Hough | Diplomat in Residence – Central South (LA,MS,AR,OK)

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3) ASSOCIATE PROGRAM DIRECTOR POSITION AT MISSISSIPPI STATE HOSPITAL

Mississippi State Hospital (MSH) is seeking to fill its vacant Associate Program Director position within its Psychiatry Residency Program. MSH is a licensed 382-bed state psychiatric hospital which is accredited by The Joint Commission and located in Rankin County, Mississippi. The hospital's dedicated patient care staff consists of highly skilled and caring medical professionals, nurses, behavioral health staff, social workers, and support staff who work together to provide patient-centered care on a daily basis. Services provided include: adult and child/adolescent psychiatric treatment, substance use disorder treatment, as well as treatment provided for forensic patients.

Further, MSH promotes educational growth within the psychiatric field through its ACGME accredited psychiatry residency program as well as through other educational ventures and partnerships it has with entities such as nursing schools and psychology departments throughout the country.

The Associate Residency Program Director is an integral role and includes the following responsibilities:

- Maintain and develop resident training curricula in accordance with the ACGME's Common Program Requirements (CPR) and Professional Standards and Requirements (PSR).
- Formulate goals and objectives for each clinical rotation as outlined by the CPR.
- Participate in site visits and surveys.
- Ensure the quality of didactic and clinical education at sites participating in the program by monitoring the clinical learning and working environment (CLER) at all participating sites.
- Assure compliance of participating sites with ACGME requirements.
- Serve as the course director as assigned by the Residency Program Director (PD) and provide didactic lectures.
- Serve on the Clinical Competence Committee (CCC), Program Evaluation Committee (PEC), the Recruitment and Selection Committee, and the Graduate Medical Education Executive Committee (GMEC).
- Coordinate outpatient experiences for PGY-3 and PGY-4 residents with various local mental health centers.

Minimum Qualifications: Verifiable Doctor of Medicine Degree or Doctor of Osteopathic Medicine Degree from an accredited medical school; completion of a psychiatry residency program; a verifiable current, unrestricted license to practice medicine in the State of Mississippi; and board certification in psychiatry. The applicant must submit at least three references from peers.

Benefits: No after-hours call and no weekend call.

A physician working as an employee (not on contract) will receive benefits of health insurance, paid leave (personal, medical, and holiday), and participation in PERS (retirement system).

Prior to an offer of employment, the applicant must provide a copy of a current Mississippi Medical License, have satisfactory results from a criminal background check and have satisfactory results from a urine drug screen.

Peer references, a copy of Mississippi Medical License, and a curriculum vitae may be submitted to Duncan.Stone@msh.ms.gov.

For more information, you may contact 601-351-8066.