

E-Update Dec 15, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator.

MPA Executive Director Speaks at State Hospital on the Mississippi Legislative Process



Earlier today MPA Executive Director Angela Ladner spoke at the invitation of the MSH Residency Training Program about better understanding the legislative process and how to advocate for the profession. She previewed issues that are likely to be considered during the 2024 legislative session like expansion of Medicaid, PBM reform and transparency, prior authorization, psychiatric evaluation for law enforcement officers and threats to scope of practice. Mrs. Ladner shared a calendar of the legislative

calendar and suggested that Residents bookmark <https://www.legislature.ms.gov/> so that they can monitor progress of bills and see the actions taken as they occur. She encouraged all Residents to attend the MPA Day at the Capitol on Feb 14, 2024 and participate in the MSMA Doctor of the Day program anytime between January and the end of April. Please alert the MPA Office of the date that you will be serving as Doctor of the Day so your photo can be shared in the e-update.

Tips to Manage Holiday Stress Segment Features Dr. Katherine Pannel of Oxford

MPA is highlighting a member or members each week via a repost of social media.



By [Courtney Ann Jackson](#)

Published: Dec. 13, 2023 at 9:38 PM CST

JACKSON, Miss. (WLBT) - Parties, cooking, and shopping are probably all on your to-do list. For a lot of people... it's overwhelming.

WLBT went straight to the experts to get advice on managing the stresses of the holiday season.

"I think it's important to keep in mind that the holidays are not always a jolly time for people," explained Dr. Katherine Pannel, Medical Director of Right Track Medical and Magnolia Health Plan. "In fact, most people do struggle during the holidays."

Psychiatrist Dr. Katherine Pannel explains that for those already struggling with a mental illness, whether that be depression or anxiety, about 60 percent of those individuals noticed their symptoms worsen during the holidays.

[Link to full story](#)

Registration is Open for the MPA/LPMA Meeting March 2024 in Baton Rouge, LA

Make your reservation and register now for the 2024 LPMA/MPA Spring meeting to be hosted in Baton Rouge, March 1 – 3. This is an opportunity to explore the latest developments in the field of psychiatry in a relaxed and welcoming environment at the Marriott Baton Rouge. Engage with experts on important topics such as Psychedelic Drugs in Substance Use Disorders, Perinatal Mental Health, Risk Management, Physician Assisted Suicide to name a few. We are excited to again partner with LPMAA and the Mid-Gulf Council for Child & Adolescent Psychiatry. I encourage you to take this opportunity to connect with colleagues and contribute to the ongoing progress of psychiatry. [Registration](#) is open and you can [book your hotel room](#) now. Information on the Resident Poster Session should have been shared by your Residency training directors. Please direct any questions to mpa39206@aol.com.

LPMA
LOUISIANA PSYCHIATRIC
MEDICAL ASSOCIATION

in
conjunction
with

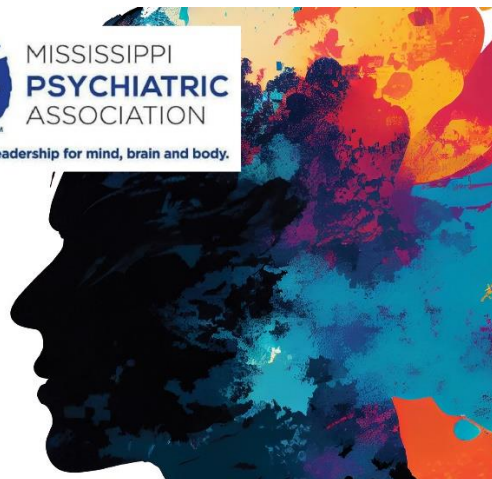


MISSISSIPPI
PSYCHIATRIC
ASSOCIATION

Medical leadership for mind, brain and body.

**2024 LPMA/MPA
Spring Meeting**

MARCH 1 - 3, 2024



Apply for APA/APAF Fellowship at the Link Provided

MPA has been very fortunate in recent years with these Fellowship opportunities for Residents. Please read all the criteria as commitments vary from one year to two years. We encourage anyone interested to get started now.

Link here: <https://www.psychiatry.org/residents-medical-students/residents/fellowships/available-apa-apaf-fellowships/american-psychiatric-leadership-fellowship>

Wall Street Journal Wants to Speak with Mississippi Psychiatric Providers

We'd love to speak to folks on the ground who have questions about what happens after the reversal of the lower court's ruling and can speak to and give real life examples of both the progress that has been made and the critical holes that still remain. To that end, we'd love to chat with providers who have seen—and are seeing first hand—the ongoing challenges you and others have described of trying to treat people in the community and keep them from being committed multiple times. Whether it's the lack of continuity between hospitals and community health centers or the gaps in service when someone is discharged, we're looking to talk with people who have been grappling with this and trying to improve it. It could be anyone in your network of course—PACT teams, community health centers, peer support workers, etc. If someone feels more comfortable speaking to us without having their name used in the story because they can speak more freely that way, that is fine too.

Our hope is that a story like this can help inform the public and policymakers in Mississippi -- and anywhere else where there's a debate underway about how to meet the mental and behavioral health needs across a community.

My only caveat is that we're trying to put this story together pretty quickly, so hopefully we'll hear from folks soon! Fingers crossed.

Dan Frosch

Enterprise Reporter, The Wall Street Journal

(469) 506-9048

#IStandWithEvan

dan.frosch@wsj.com

twitter: @djfroschWSJ

Southern Psychiatric Association Announces Meeting Date for 2024

Mark your calendar now for the 2024 meeting with the Tennessee Psychiatric Association:
September 11 – 14, 2024
Westin Hotel in Chattanooga, Tennessee

DMH 52 Weeks of Progress Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. **This week, we highlight substance use disorder treatment services in Mississippi.**

The Mississippi Department of Mental Health helps administer the public system of substance use assessment, referral, prevention, treatment, and recovery support services for people in Mississippi. **During FY23, DMH certified and funded providers served 4,369 people in community residential treatment.** This is an increase over the 3,960 people served in FY22. A total of 3,712 people received treatment in High-Intensity Residential services in the community, including 194 pregnant and parenting women. In addition, the Substance Use Disorder treatment units directly operated by DMH served 606 people. Another 180 individuals were diverted from inpatient treatment at Mississippi State Hospital or East Mississippi State Hospital to community residential services.

This week, we highlight SPOTT, the Specialized Planning, Options to Transition Team.

SPOTT is a partnership between DMH, The Arc of Mississippi, and many other agencies and private providers. It is a true collaboration to support people who have had difficulty finding programs where they are successful in the community. Though it grew out of services offered by The Arc, it now includes referrals for people who have an intellectual or developmental disability, mental illness, and substance use addiction as well. Referrals may be made by family members to the DMH Helpline, but may also come from private providers, local hospitals, or others. SPOTT participants are in a position to immediately connect people in need with other team members. In FY23, there were 120 appropriate referrals made to SPOTT and 80% of those referrals were connected with services and supports during the fiscal year. We are thankful for all our SPOTT partners!

THREE THINGS TO KNOW ABOUT: COMMUNICATING WITH A PATIENT'S FAMILY MEMBERS

Written by

Professional Risk Management Services® (PRMS®)

1. When treating high-risk patients, family members can be an important part of the process. Make certain that they recognize their role in the patient's care: ensuring medication is taken, providing a stable environment, monitoring for danger signals, etc. Family members should be provided with the knowledge and resources to perform this vital role.
2. In some instances you may wish to discuss with patients the use of a Psychiatric Advance Directive (PAD). PADs are essentially advance directives planned for mental health decisions. PADs may be used to name a healthcare proxy or may give specific instructions regarding the type of care a patient wishes to receive (or not receive) in the event of a psychiatric crisis. Psychiatric advocacy groups such as NAMI and Mental Health America support the use of PADS as a way to promote patient autonomy. The National Resource Center on Psychiatric Advance Directives is an excellent resource for finding state-specific information on the use of PADS.

3. Always make certain that you clearly document all communication with family members, just as you would the patient himself. This would include informed consent discussions and copies of materials and other information given to them as well as all telephone communication.

The content of this article (or booklet or newsletter) ("Content") is for informational purposes only and does not constitute legal, medical, or regulatory advice. Always seek the advice of your attorney, physician, or other appropriate professional regarding the Content. Never disregard professional legal advice or delay in seeking it because of the Content. The information is intended, but not promised or guaranteed, to be current, complete, or up to date.

©2018 Professional Risk Management Services (PRMS). All rights reserved.



PRMS

Manager of The Psychiatrists' Program
Medical Professional Liability Insurance for Psychiatrists
1-800-245-3333
Email: TheProgram@prms.com
Visit: PRMS.com Twitter: [Twitter.com/PRMS](https://twitter.com/PRMS)
Facebook: [Facebook.com/PRMSprograms](https://facebook.com/PRMSprograms)
LinkedIn: [LinkedIn.com/company/PRMSprograms](https://linkedin.com/company/PRMSprograms)

X Accounts of Interest Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

- Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)
- MPA Main account: [@MSPsychiatrist](https://twitter.com/MSPsychiatrist)

Facebook Pages of Interest

- Main account: [American Psychiatric Association](https://facebook.com/AmericanPsychiatricAssociation)
- Healthy Minds: [APA Healthy Minds](https://facebook.com/APAHealthyMinds)
- MPA Main Account: [Mississippi Psychiatric Association](https://facebook.com/MississippiPsychiatricAssociation)

LinkedIn

- [American Psychiatric Association](https://linkedin.com/company/AmericanPsychiatricAssociation)
- [Mississippi Psychiatric Association](https://linkedin.com/company/MississippiPsychiatricAssociation)

What's New at the APA

More Americans are concerned about finances than they are difficult conversations around the dinner table this holiday season, according to the APA's latest Healthy Minds Monthly poll. More than half of those polled said they are worried about affording holiday gifts, and nearly 40% said they were concerned about affording holiday meals. About a third of those polled anticipated being more stressed about the holidays than last year. You can [read more and see the full poll results here](#).

APA released a statement on the passing of former First Lady Rosalynn Carter, who died this month at the age of 96. Carter was a tireless advocate for mental health throughout her life and used her platform to speak on behalf of those who could not speak for themselves. For her great service to all who live with mental illness and substance use disorders, APA made Mrs. Carter an Honorary Fellow of the APA. You can [read the full statement on Rosalynn Carter's passing here](#).

Small acts of kindness make most Americans feel better, according to a recent Healthy Minds Poll fielded by APA and Morning Consult. 89% of those polled said showing someone else an act of kindness made them feel better, while 90% said receiving an act of kindness made them feel that way. You can read more about how acts of kindness influence our moods and [see the full poll results here](#).

Videos for Sharing:

APA's [Youtube channel](#) has a plethora of mental health focused videos you can use on social media or share elsewhere. We have recently added a video on [opioid use disorder](#), in support of President Levounis' theme. In addition, check out our playlist of Spanish language mental health explainers: https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3_c0tpWquvGObsROanF_Eb6iqS0eR2

Naloxone Nation Docuseries Out Now

Episode 1 of [Naloxone Nation](#), a docuseries on Opioid Use Disorder featuring Dr. Lief Fenno, has just premiered. The first episode features Dr. Fenno in conversation with a captain from the Opioid Program of the Austin-Travis County EMS in Texas. [Check out Naloxone Nation here](#).

December Course of the Month – Bipolar Depression: Outcome and Pharmacological Treatment

Bipolar Depression is a largely understudied area. Patients are frequently misdiagnosed as Major Depression Disorder, which leads to utilization of inappropriate treatments including antidepressant monotherapy. This course will review risk factors of emergence of mixed symptoms with the use of antidepressants, the challenges and opportunities of the use of antidepressants, as well as Ketamine, and the efficacy and tolerability of antipsychotics, lithium, and mood stabilizers in the treatment of Bipolar Depression.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

Webinar on Eating Disorders: Early Diagnosis for Better Prognosis

Tune in to the next live lunch and learn webinar in APA's Policy & Practice Insights series. Tools for recognizing and treating eating disorders will be discussed, followed by an opportunity to engage with APA Practice Guidelines staff. You can [register for the Webinar here](#).

SAMHSA Summer Medical Student Program Seeking Speakers

APA's SAMHSA Summer Medical Student Program is looking for speakers to host didactic sessions for our 2024 Cohort. Our program provides medical students interested in serving underserved communities the experiential learning, training, and professional development they need to be leaders in the field of psychiatry. Our main program offering is a month-long live speaker series aiming to provide program participants the opportunity to learn from world-renowned psychiatrists! We are currently looking for speakers with expertise and experience in these psychiatric subfields:

- Geriatric Psychiatry
- Community Psychiatry
- Reproductive Psychiatry
- Addiction Psychiatry
- Forensic Psychiatry
- Child, Adolescents, & Family Psychiatry
- Working with Marginalized Populations in Urban and Rural Settings

If you have practiced any of these subspecialties, served underserved communities, own a practice or hold a leadership position in your institution, and are looking to pour into the next generation of psychiatrists, please reach out to jbrown@psych.org with a **CV and professional bio**. Speakers are rewarded a \$500 honorarium for their services and are asked to give a 90 min virtual presentation and Q&A session for program participants. Speakers are also expected to attend a closing session panel to network with program participants. Preparation is only needed for your session, not the closing session. **The speaker series will be hosted between June 17 and July 12, 2024.**

Job Opportunities

- 1) Ridgewood Clinic is looking to add a psychiatrist in growing outpatient practice in Jackson Mississippi. If you have an interest in private practice, we can offer you a year's competitive salary and after that sharing office expenses. It may take 6 months for credentials to be approved by the insurance company, but if you have already been approved by the insurance company in Mississippi we can immediately start. If you are interested, you can call me at 601-954-2366. **Krishan K Gupta MD, Diplomat ABPN**
- 2) MPA Colleagues - I am the U.S. Department of State recruiter for Louisiana, Mississippi, Arkansas, and Oklahoma. I would like to highlight job openings for our Regional Medical Officer Psychiatrist positions. These positions are located overseas in a U.S. Embassy,

location dependent on needs of the service. Link as follows: <https://www.usajobs.gov/job/756292700> - please find attached a .pdf of the detailed Job Summary, Duties, and Requirements.

M. Shane Hough | Diplomat in Residence – Central South (LA,MS,AR,OK)
U.S. Department of State
Tulane University | 112 Mussafer Hall | 6823 St. Charles | New Orleans, LA 70118
202.948.9618 | careers.state.gov
CAREERS REPRESENTING AMERICA

3) ASSOCIATE PROGRAM DIRECTOR POSITION AT MISSISSIPPI STATE HOSPITAL

Mississippi State Hospital (MSH) is seeking to fill its vacant Associate Program Director position within its Psychiatry Residency Program. MSH is a licensed 382-bed state psychiatric hospital which is accredited by The Joint Commission and located in Rankin County, Mississippi. The hospital's dedicated patient care staff consists of highly skilled and caring medical professionals, nurses, behavioral health staff, social workers, and support staff who work together to provide patient-centered care on a daily basis. Services provided include: adult and child/adolescent psychiatric treatment, substance use disorder treatment, as well as treatment provided for forensic patients.

Further, MSH promotes educational growth within the psychiatric field through its ACGME accredited psychiatry residency program as well as through other educational ventures and partnerships it has with entities such as nursing schools and psychology departments throughout the country.

The Associate Residency Program Director is an integral role and includes the following responsibilities:

- Maintain and develop resident training curricula in accordance with the ACGME's Common Program Requirements (CPR) and Professional Standards and Requirements (PSR).
- Formulate goals and objectives for each clinical rotation as outlined by the CPR.
- Participate in site visits and surveys.
- Ensure the quality of didactic and clinical education at sites participating in the program by monitoring the clinical learning and working environment (CLER) at all participating sites.
- Assure compliance of participating sites with ACGME requirements.
- Serve as the course director as assigned by the Residency Program Director (PD) and provide didactic lectures.
- Serve on the Clinical Competence Committee (CCC), Program Evaluation Committee (PEC), the Recruitment and Selection Committee, and the Graduate Medical Education Executive Committee (GMEC).
- Coordinate outpatient experiences for PGY-3 and PGY-4 residents with various local mental health centers.

Minimum Qualifications: Verifiable Doctor of Medicine Degree or Doctor of Osteopathic Medicine Degree from an accredited medical school; completion of a psychiatry residency program; a verifiable current, unrestricted license to practice medicine in the State of Mississippi; and board certification in psychiatry. The applicant must submit at least three references from peers.

Benefits: No after-hours call and no weekend call.

A physician working as an employee (not on contract) will receive benefits of health insurance, paid leave (personal, medical, and holiday), and participation in PERS (retirement system).

Prior to an offer of employment, the applicant must provide a copy of a current Mississippi Medical License, have satisfactory results from a criminal background check and have satisfactory results from a urine drug screen.

Peer references, a copy of Mississippi Medical License, and a curriculum vitae may be submitted to Duncan.Stone@msh.ms.gov.

For more information, you may contact 601-351-8066.