

E-Update Dec 22, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator.

### **MPA Wishes You a Merry Christmas and Happy New Year**

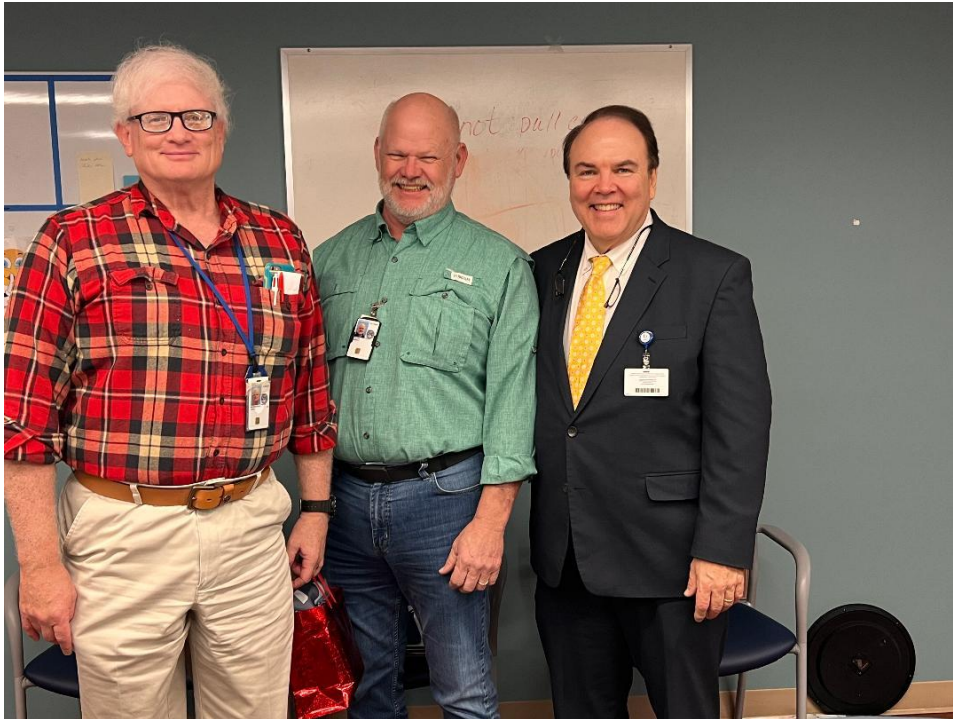
The MPA Office will be closed from Monday, December 25<sup>th</sup> until Tuesday, January 2<sup>nd</sup> for the holidays. Email correspondence will be responded to within reasonable expectation. There will not be an e-update next Friday, December 29<sup>th</sup>. Please forward any submissions for the upcoming edition of the MPA Journal to Dr. Alex Hutchison at [alex.hutchison@msh.ms.gov](mailto:alex.hutchison@msh.ms.gov).

### **MPA Congratulates 3 New APA Fellows and 2 New APA Distinguished Fellows**

APA alerted the DB's this week that there was a 96% approval rate this year for the Distinguished Fellow/Distinguished Life Fellow/International Distinguished Fellow nominations this year, which is consistent with previous years. MPA is honored that Doctors **Saurabh Bhardwaj**, **Clyde Glenn** and **Tongi Shavers** will receive their Fellowship and Doctors **Maxie Gordon** and **Mark Ladner** were selected as Distinguished Fellows. All will be given the opportunity to participate in the convocation in May 2024 in New York, NY.

### **MPA Private Practice Committee Seeking Input from Membership**

Per the MPA Private Practice Committee, providers are having a very difficult time with Walgreens. The chain made an edict that they would not fill stimulants if the physician was 50 miles distant from where the prescription is being filled, usually in the patient's hometown. In addition, Walgreens at times may be the only pharmacy in the area with the stimulant in stock or available. They have since changed this to leaving it totally at the discretion of the pharmacist to fill or refuse to fill the prescription, regardless of the clinical situation. A specific provider has had difficulty with one prescription for Paxil that is due for a refill on Christmas Day and the pharmacist would not allow an early refill, even though by law (we believe) they can fill up to 3 days early and told the patient he could pick it up on Dec. 26. Supposedly, this all stems from Walgreens being hit with a large fine by the DEA for using pharmacy techs to fill controlled substances with no pharmacist in the building. This has been increasingly frustrating for physicians, patients, and pharmacists as we



have rotating shortages of medications and pharmacists to fill them. If you have a story or anything patient related that you can share, please send to [mpa39206@aol.com](mailto:mpa39206@aol.com).

### **Weekly E-update Column Features MPA Members in Action**

MPA is highlighting a member or members each week via a repost of social media or shared photos of members in action Follow us on FB or X and LinkedIn. If you have something exciting to share, tag MPA in the

original post and we will happily reshare!

Congrats to Dr. John Beddingfield on his retirement from the VA after 30 years. Friends, family and colleagues celebrated with Beddingfield at a party given in his honor on Wednesday.

### **APA President Says Financial Concerns Are Number One Anxiety-Provoking Issue For Holidays**

The [AP](#) (12/21, Morga ) reports, “The holidays are supposed to be a joyful time, but they can also be financially stressful. With gifts, social gatherings and plane tickets home, the costs can start piling up.” The AP adds, “Household expenses continue to rise and many Americans are expressing concern about their financial futures, according to a poll from The Associated Press-NORC Center for Public Affairs Research.” American Psychiatric Association President Dr. Petros Levounis said, “Financial concerns are the number one anxiety-provoking issue (for the holidays).” The article discusses “recommendations from experts to reduce financial stress during the holidays.”

### **52 Weeks of Progress**

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. **This week, we highlight supported employment for transition aged youth.**

In 2023, DMH applied for and was accepted to be one of seven states to participate in a Policy Academy on Supported Employment for Transition Aged Youth in Rockville, Maryland at the SAMHSA national offices. Mississippi’s team included representation from NAMI, the Department of Child Protection Services, the Department of Human Services, the Department of Education, the

Department of Rehabilitation Services, and the Department of Employment Security. The other selected states included Alaska, Illinois, Ohio, Oklahoma, South Carolina, and Utah.

The Policy Academy is a learning collaborative that lasts a full 12 months, with the ultimate goal of developing a state-wide strategic plan to advance policies and practices around Supported Employment services for youth aged 16-24, particularly those who are transitioning out of foster care, from juvenile detention facilities, are living with disabilities, or face other challenges. All of those states met again for a virtual session with SAMHSA in September, with the individual state teams meeting on their own throughout the year. In addition, DMH received a federal Transformation Transfer Initiative (TTI) grant to help further these efforts in 2024.

### **Registration is Open for the MPA/LPMA Meeting March 2024 in Baton Rouge, LA**

Make your reservation and register for the 2024 LPMA/MPA Spring meeting to be hosted in Baton Rouge, March 1 – 3. This is an opportunity to explore the latest developments in the field of psychiatry in a relaxed and welcoming environment at the Marriott Baton Rouge. Engage with experts on important topics such as Psychedelic Drugs in Substance Use Disorders, Perinatal Mental Health, Risk Management, Physician Assisted Suicide to name a few. We are excited to again partner with LPMAA and the Mid-Gulf Council for Child & Adolescent Psychiatry. I encourage you to take this opportunity to connect with colleagues and contribute to the ongoing progress of psychiatry. [Registration](#) is open and you can [book your hotel room](#) now. Information on the Resident Poster Session should have been shared by your Residency training directors. Please direct any questions to [mpa39206@aol.com](mailto:mpa39206@aol.com).



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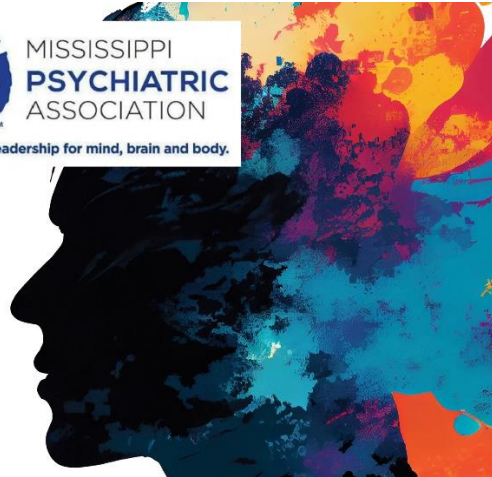


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## **2024 LPMA/MPA Spring Meeting**

**MARCH 1 - 3, 2024**



### **Apply for APA/APAF Fellowship at the Link Provided**

MPA has been very fortunate in recent years with these Fellowship opportunities for Residents. Please read all the criteria as commitments vary from one year to two years. We encourage anyone interested to get started now.

Link here: <https://www.psychiatry.org/residents-medical-students/residents/fellowships/available-apa-apaf-fellowships/american-psychiatric-leadership-fellowship>

## Wall Street Journal Wants to Speak with Mississippi Psychiatric Providers

We'd love to speak to folks on the ground who have questions about what happens after the reversal of the lower court's ruling and can speak to and give real life examples of both the progress that has been made and the critical holes that remain. To that end, we'd love to chat with providers who have seen—and are seeing firsthand—the ongoing challenges you and others have described of trying to treat people in the community and keep them from being committed multiple times. Whether it's the lack of continuity between hospitals and community health centers or the gaps in service when someone is discharged, we're looking to talk with people who have been grappling with this and trying to improve it. It could be anyone in your network of course—PACT teams, community health centers, peer support workers, etc. All providers along with their responses may remain completely anonymous.

Our hope is that a story like this can help inform the public and policymakers in Mississippi -- and anywhere else where there's a debate underway about how to meet the mental and behavioral health needs across a community.

I will be coming to Mississippi in January and happy to connect with anyone that wants to see positive outcomes for patients.

Dan Frosch

Enterprise Reporter, The Wall Street Journal

(469) 506-9048

**#IStandWithEvan**

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twitter: @djfroschWSJ

## Southern Psychiatric Association Announces Meeting Date for 2024

Mark your calendar now for the 2024 meeting with the Tennessee Psychiatric Association:

September 11 – 14, 2024

Westin Hotel in Chattanooga, Tennessee

## Case of the Quarter: Dr. Jones v. Medical Board

Written by

Professional Risk Management Services® (PRMS®)

Claims Department

*The "Case of the Quarter" column is a sample case study that highlights best practices in actual scenarios encountered through [PRMS' extensive experience in litigation and claims management](#). Specific names and references have been altered to protect clients' interests. This discussion is for informational and education purposes only and should not be relied upon as legal advice.*

**Facts:**

Dr. Jones received notice that her state's Medical Board was investigating a complaint filed against her. The complaint alleged that she was not competent to practice medicine. The complaint cited examples of Dr. Jones frequently writing orders on the wrong patient; having moments during conversations when she blanks out; and forgetting to return calls to patient and other providers. The Board requested a written response from Dr. Jones and copies of her medical records for the past two years. Dr. Jones knows that she has moments of forgetfulness but feels certain that she can still safely practice medicine. She prepares her response and sends it to the Board along with copies of her medical records. The Board has a psychiatrist review the case and then asked Dr. Jones to come in for an interview. Dr. Jones does not appear for the interview and does not respond to any further correspondence from the Board. The Board revokes Dr. Jones' license. Dr. Jones reports the matter to her insurance carrier.

**Allegation:**

The allegation is that Dr. Jones is not competent to safely practice medicine.

**Defense:**

While a defense might have been developed or alternatives to revocation negotiated, Dr. Jones' failure to respond to the Board and to timely report the matter to her insurance carrier eliminated exploration of these possibilities.

**Outcome:**

Once Dr. Jones' license was revoked, she had to abruptly close her practice and her professional liability insurance was cancelled since she was no longer licensed to practice. Since she reported the Board's investigation prior to cancellation of her policy, her insurance carrier appointed an attorney to represent her in appealing the Board's decision. However, the Board did not change its determination.

**Take Away:**

Report any Board investigation to your insurance carrier immediately so that coverage can be determined and an attorney, well-versed in dealing with the Board, can defend you. Further, if you have any concerns about your competency to continue safely practicing medicine, consider what steps you may need to take to protect your patients and yourself.

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**X Accounts of Interest** Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

- Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)
- MPA Main account: [@MSPsychiatrist](https://twitter.com/MSPsychiatrist)

### Facebook Pages of Interest

- Main account: [American Psychiatric Association](https://facebook.com/AmericanPsychiatricAssociation)
- Healthy Minds: [APA Healthy Minds](https://facebook.com/APAHealthyMinds)
- MPA Main Account: [Mississippi Psychiatric Association](https://facebook.com/MississippiPsychiatricAssociation)

### LinkedIn

- [American Psychiatric Association](https://linkedin.com/company/AmericanPsychiatricAssociation)
- [Mississippi Psychiatric Association](https://linkedin.com/company/MississippiPsychiatricAssociation)

### What's New at the APA

More Americans are concerned about finances than they are difficult conversations around the dinner table this holiday season, according to the APA's latest Healthy Minds Monthly poll. More than half of those polled said they are worried about affording holiday gifts, and nearly 40% said they were concerned about affording holiday meals. About a third of those polled anticipated being more stressed about the holidays than last year. You can [read more and see the full poll results here](#).

APA released a statement on the passing of former First Lady Rosalynn Carter, who died this month at the age of 96. Carter was a tireless advocate for mental health throughout her life and used her platform to speak on behalf of those who could not speak for themselves. For her great service to all who live with mental illness and substance use disorders, APA made Mrs. Carter an Honorary Fellow of the APA. You can [read the full statement on Rosalynn Carter's passing here](#).

Small acts of kindness make most Americans feel better, according to a recent Healthy Minds Poll fielded by APA and Morning Consult. 89% of those polled said showing someone else an act of kindness made them feel better, while 90% said receiving an act of kindness made them feel that way. You can read more about how acts of kindness influence our moods and [see the full poll results here](#).

### **Videos for Sharing:**

APA's [Youtube channel](#) has a plethora of mental health focused videos you can use on social media or share elsewhere. We have recently added a video on [opioid use disorder](#), in support of President Levounis' theme. In addition, check out our playlist of Spanish language mental health explainers: [https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3\\_c0tpWquvGObsROanF\\_Eb6jqS0eR2](https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3_c0tpWquvGObsROanF_Eb6jqS0eR2)

### **Naloxone Nation Docuseries Out Now**

Episode 1 of [Naloxone Nation](#), a docuseries on Opioid Use Disorder featuring Dr. Lief Fenno, has just premiered. The first episode features Dr. Fenno in conversation with a captain from the Opioid Program of the Austin-Travis County EMS in Texas. [Check out Naloxone Nation here](#).

### **December Course of the Month – Bipolar Depression: Outcome and Pharmacological Treatment**

Bipolar Depression is a largely understudied area. Patients are frequently misdiagnosed as Major Depression Disorder, which leads to utilization of inappropriate treatments including antidepressant monotherapy. This course will review risk factors of emergence of mixed symptoms with the use of antidepressants, the challenges and opportunities of the use of antidepressants, as well as Ketamine, and the efficacy and tolerability of antipsychotics, lithium, and mood stabilizers in the treatment of Bipolar Depression.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

### **Webinar on Eating Disorders: Early Diagnosis for Better Prognosis**

Tune in to the next live lunch and learn webinar in APA's Policy & Practice Insights series. Tools for recognizing and treating eating disorders will be discussed, followed by an opportunity to engage with APA Practice Guidelines staff. You can [register for the Webinar here](#).

### **SAMHSA Summer Medical Student Program Seeking Speakers**

APA's SAMHSA Summer Medical Student Program is looking for speakers to host didactic sessions for our 2024 Cohort. Our program provides medical students interested in serving underserved communities the experiential learning, training, and professional development they need to be leaders in the field of psychiatry. Our main program offering is a month-long live speaker series aiming to provide program participants the opportunity to learn from world-

renowned psychiatrists! We are currently looking for speakers with expertise and experience in these psychiatric subfields:

- Geriatric Psychiatry
- Community Psychiatry
- Reproductive Psychiatry
- Addiction Psychiatry
- Forensic Psychiatry
- Child, Adolescents, & Family Psychiatry
- Working with Marginalized Populations in Urban and Rural Settings

If you have practiced any of these subspecialties, served underserved communities, own a practice or hold a leadership position in your institution, and are looking to pour into the next generation of psychiatrists, please reach out to [jbrown@psych.org](mailto:jbrown@psych.org) with a **CV and professional bio**. Speakers are rewarded a \$500 honorarium for their services and are asked to give a 90 min virtual presentation and Q&A session for program participants. Speakers are also expected to attend a closing session panel to network with program participants. Preparation is only needed for your session, not the closing session. **The speaker series will be hosted between June 17 and July 12, 2024.**

### **Job Opportunities**

- 1) Ridgewood Clinic is looking to add a psychiatrist in growing outpatient practice in Jackson Mississippi. If you have an interest in private practice, we can offer you a year's competitive salary and after that sharing office expenses. It may take 6 months for credentials to be approved by the insurance company, but if you have already been approved by the insurance company in Mississippi we can immediately start. If you are interested, you can call me at 601-954-2366. **Krishan K Gupta MD, Diplomat ABPN**
- 2) MPA Colleagues - I am the U.S. Department of State recruiter for Louisiana, Mississippi, Arkansas, and Oklahoma. I would like to highlight job openings for our Regional Medical Officer Psychiatrist positions. These positions are located overseas in a U.S. Embassy, location dependent on needs of the service. Link as follows: <https://www.usajobs.gov/job/756292700> - please find attached a .pdf of the detailed Job Summary, Duties, and Requirements.

**M. Shane Hough | Diplomat in Residence – Central South (LA,MS,AR,OK)**

**U.S. Department of State**

**Tulane University | 112 Mussafer Hall | 6823 St. Charles | New Orleans, LA 70118**

**202.948.9618 | [careers.state.gov](https://careers.state.gov)**

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### **3) ASSOCIATE PROGRAM DIRECTOR POSITION AT MISSISSIPPI STATE HOSPITAL**

Mississippi State Hospital (MSH) is seeking to fill its vacant Associate Program Director position within its Psychiatry Residency Program. MSH is a licensed 382-bed state psychiatric hospital which is accredited by The Joint Commission and located in Rankin County, Mississippi. The hospital's dedicated patient care staff consists of highly skilled and caring



medical professionals, nurses, behavioral health staff, social workers, and support staff who work together to provide patient-centered care on a daily basis. Services provided include: adult and child/adolescent psychiatric treatment, substance use disorder treatment, as well as treatment provided for forensic patients.

Further, MSH promotes educational growth within the psychiatric field through its ACGME accredited psychiatry residency program as well as through other educational ventures and partnerships it has with entities such as nursing schools and psychology departments throughout the country.

The Associate Residency Program Director is an integral role and includes the following responsibilities:

- Maintain and develop resident training curricula in accordance with the ACGME's Common Program Requirements (CPR) and Professional Standards and Requirements (PSR).
- Formulate goals and objectives for each clinical rotation as outlined by the CPR.
- Participate in site visits and surveys.
- Ensure the quality of didactic and clinical education at sites participating in the program by monitoring the clinical learning and working environment (CLER) at all participating sites.
- Assure compliance of participating sites with ACGME requirements.
- Serve as the course director as assigned by the Residency Program Director (PD) and provide didactic lectures.
- Serve on the Clinical Competence Committee (CCC), Program Evaluation Committee (PEC), the Recruitment and Selection Committee, and the Graduate Medical Education Executive Committee (GMEC).
- Coordinate outpatient experiences for PGY-3 and PGY-4 residents with various local mental health centers.

Minimum Qualifications: Verifiable Doctor of Medicine Degree or Doctor of Osteopathic Medicine Degree from an accredited medical school; completion of a psychiatry residency program; a verifiable current, unrestricted license to practice medicine in the State of Mississippi; and board certification in psychiatry. The applicant must submit at least three references from peers.

Benefits: No after-hours call and no weekend call.

A physician working as an employee (not on contract) will receive benefits of health insurance, paid leave (personal, medical, and holiday), and participation in PERS (retirement system).

Prior to an offer of employment, the applicant must provide a copy of a current Mississippi Medical License, have satisfactory results from a criminal background check and have satisfactory results from a urine drug screen.

Peer references, a copy of Mississippi Medical License, and a curriculum vitae may be submitted to [Duncan.Stone@msh.ms.gov](mailto:Duncan.Stone@msh.ms.gov).

For more information, you may contact 601-351-8066.