

**E-Update Feb 9, 2024**



**Medical leadership for mind, brain and body.**

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator.



### **White Coat Day is Wednesday at Capitol**

It's not too late to join MPA members at the MS Capitol on Valentine's Day as we collaborate with MSMA, MAPA and MOMA. Please **Register** and plan to attend from 7:30 am to noon. Talking points will be shared on site and MPA will provide information about mental illness and other topics of importance with members of the legislature and staffers. White Coats are strongly urged.

### **This Week at the Mississippi Legislature**

The sixth week of the 2024 Mississippi legislative session saw the prior authorization again take center stage. On Thursday, Rep Sam Creekmore, Chair of the House Public Health Committee, presented a committee substitute on the Prior Authorization Reform Act, **SB 2140** to the House for a vote. The bill was approved 115-2 present and 5 absent. and was transmitted back to the Senate. MPA has been working with the Dept of Insurance, MSMA and other specialties on fine tuning the details. The bill requires all health care providers and insurance companies in the state, including Medicaid and the state health plan to comply. It defines emergent and non-emergent situations as well as denials and appeals. The MS Dept of

Insurance would regulate and promulgate the rules on operation which include fines for each violation, same specialty peer review, appeals processes and categorizing diagnoses as urgent (48 hours on PA) and non-emergent (up to 7 days). An online portal for every company and a

standardized process would be set up moving forward. This bill still needs work and MPA is doing our best to advocate for much needed improvement in this area. The insurance lobby is out in full force trying to create loopholes and workarounds. More to come over the next few weeks as we approach the first deadline of Feb 19<sup>th</sup> for the introduction of all bills.



Join us as we host a  
**DAY AT THE CAPITOL - WHITE COAT DAY**  
with the  
Mississippi State Medical Association  
Mississippi Osteopathic Medical Association  
Mississippi Psychiatric Association  
Mississippi Academy of Physician Assistants

This is your chance to meet your lawmakers and have your voice heard.  
We are encouraging all attendees to wear your white coat.

*White Coat Day*  
MSMA's Day at the Capitol

Wednesday, February 14, 2024  
7:30 AM - 12:00 PM  
1st Floor - Mississippi State Capitol Building

**LET'S FLOOD THE CAPITOL WITH WHITE COATS!**

**REGISTER TO ATTEND WHITE COAT DAY**

**MPA's 2024 Legislative Priorities:**

Regulate the Prior Authorization Process for Physicians by MS Dept of Insurance

Changes to Commitment Laws on Jail Diversion and Increased Community Treatment Options

Medicaid Presumptive Eligibility for Pregnant Women 60 days Prior to Processing & Opportunity for Members to Vote on Expansion

Update Future Testing Options for Citizens Around Foreign Substances and Street Drugs

Make Kratom Schedule III

Strengthen the Step Therapy/Fail First Protocol

Override Statute

Support a Change to CON regarding Psychiatric Residential Treatment Beds and Substance Use Disorder Beds in the State

Add a Designated Child Psychiatrist to the Rural Physician Scholarship Program

Broaden Testing Mechanisms for Street Drugs and Redefine Paraphernalia in MS to not Include Testing Strips for the Latest Abused Substances

Maintaining a Physician Led Team Approach to Health Care

A full listing of Senate and House Committees can be found here:

[2024 Senate Committee Listing](#)

[2024 House Committee Listing](#)

### Three Weeks Until the MPA/LPMA Meeting in Baton Rouge, LA

Make your reservation and register for the 2024 LPMA/MPA Spring meeting to be hosted in Baton Rouge, March 1 – 3. This is an opportunity to explore the latest developments in the field of psychiatry in a relaxed and welcoming environment at the recently renovated and updated Marriott Baton Rouge. Engage with experts on important topics such as Psychedelic Drugs in Substance Use Disorders, Perinatal Mental Health, Risk Management, Physician Assisted Suicide to name a few. We are excited to again partner with LPMAA and the Mid-Gulf Council for Child & Adolescent Psychiatry. Take this opportunity to connect with colleagues and contribute to the ongoing progress of psychiatry. [Registration](#) is open so please [book your hotel room](#) now. **Deadline for hotel reservations is Feb 29<sup>th</sup>.** Please direct any questions to [mpa39206@aol.com](mailto:mpa39206@aol.com).

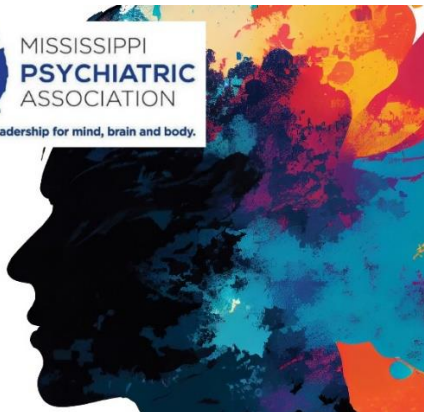


in  
conjunction  
with



## 2024 LPMA/MPA Spring Meeting

MARCH 1 - 3, 2024



### Southern Psychiatric Association Meeting Dates for 2024

Mark your calendar now for the 2024 meeting with the Tennessee Psychiatric Association:  
September 11 – 14, 2024      Westin Hotel in Chattanooga, Tennessee

### Fourth Risk Management New Year's Resolution for 2024

Written by  
Professional Risk Management Services® (PRMS®)

Our suggested easy-to-implement risk management resolutions are focused on termination of the treatment relationship. Get a kick-start on the first quarter of the year with our fourth risk management resolution for 2024 below!

#### 4. Periodically review your patient roster to identify patients who have fallen out of treatment.

For those patients who have been lost to follow-up, consider sending a letter to determine whether they want to continue in treatment. Our termination resource has a model letter you may find useful when composing these letters.

Review all four resolutions [here](#).

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**X Accounts of Interest** Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

- Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)
- MPA Main account: [@MSPsychiatrist](https://twitter.com/MSPsychiatrist)

### Facebook Pages of Interest

- Main account: [American Psychiatric Association](https://facebook.com/AmericanPsychiatricAssociation)
- Healthy Minds: [APA Healthy Minds](https://facebook.com/APAHealthyMinds)
- MPA Main Account: [Mississippi Psychiatric Association](https://facebook.com/MississippiPsychiatricAssociation)

### LinkedIn

- [American Psychiatric Association](https://linkedin.com/company/AmericanPsychiatricAssociation)
- [Mississippi Psychiatric Association](https://linkedin.com/company/MississippiPsychiatricAssociation)

### What's New at the APA

• **Dr. Marketa Wills, M.D., M.B.A.** was named the next CEO & Medical Director of the American Psychiatric Association. Dr. Wills currently serves as the Senior Vice President and Chief Medical Officer of Johns Hopkins Health Plans and has a clinical practice at University of

South Florida Student Health Services in Tampa, FL. She will assume the role of CEO on June 1, 2024. You can [read more about Dr. Wills and see the full CEO announcement here.](#)

- **One in three** Americans feel lonely every week according to a January Healthy Minds Monthly poll administered by APA & Morning Consult. Younger people were more likely to experience these feelings, with 30% of 18–34-year-olds saying they were lonely every day or several times a week. You can read the full poll results and [read more about loneliness here.](#)
- **Personal Finances** were a major source of anxiety for Americans heading into 2024, according to the latest Healthy Minds Monthly poll fielded by APA & Morning Consult. 44% of adults they say they experience the same amount of stress at the start of 2024 as they did a year earlier, while one in four said they experience more. You can [read the full results of the anxiety poll here.](#)

### **February Course of the Month – Food Addiction: A New Substance Use Disorder?**

Approximately 14% of adults and 12% of children exhibit clinically significant levels of "food addiction" based on the *DSM-5* criteria for substance use disorders. However, "food addiction" is not currently included as a recognized or provisional diagnostic category in the *DSM-5*. This course will consider the validity of "food addiction," review evidence of excessive food intake and what it can lead to, discuss the clinical relevance, and more.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

### **Early-bird Registration for APA Annual Meeting Ends February 6**

Join APA on **Saturday, May 4, through Wednesday, May 8**, for sessions, courses, and more in New York City that will leave you feeling inspired and energized. Register today at the lowest rates for the in-person experience, which end on **Tuesday, February 6**.

[\*\*REGISTER TODAY\*\*](#)

### **NEW At the Annual Meeting: Mind Games Masters!**

New for the 2024 Annual Meeting! A three-part educational experience that allows psychiatrists to assess their knowledge and learn more about five subspecialties in an engaging, fun, and competitive format. Any psychiatrist in the U.S. (ACGME-accredited) or Canada may participate. Registration for this Paid Course is available as an add-on in the registration platform when you [register for the in-person Annual Meeting](#). You can [learn more about Mind Games Masters and register here.](#)

### **Contact Your Representative to Prevent Cuts to Physician Reimbursement**

The Centers for Medicare & Medicaid Services (CMS) approved a 3.4% reduction in Medicare's physician payments for 2024. This cut is devastating to physician practices and the patients they care for, and could necessitate reduced staffing and office closures, disproportionately harming

rural and underserved communities. **Please urge Congress to prevent these devastating cuts from going into effect by cosponsoring the Preserving Seniors' Access to Physicians Act of 2023 (H.R.6683).** This bipartisan bill would completely eliminate the 3.4% physician pay cut expected to take effect on January 1. Learn more and [compose a message to your representative in Congress here](#).

**[@theAPA Delirium Update 2024 Promotion:](#)**

Join us at APA Headquarters on **Friday, March 8** for the next **@theAPA Educational Series** event. This immersive learning experience offers an in-depth exploration of Delirium detection, prevention, and treatment. [Secure your spot today!](#)