E-Update July 14, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in royal blue contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Doneisha Berryman. Please contact Doneisha at 202-459-9749 or dberryman@psych.org.

MPA President Announces New Executive Council for 2023-2025

Dr. Philip Merideth MPA President, is pleased to announce the following elected members of the 2023-2025 MPA Executive Council to include President-Elect, *Dr. Katherine Pannel*; Secretary, *Dr. Chanda Miller*, Treasurer, *Dr. Finn Perkins*; APA Assembly Reps, *Doctors Chasity Torrence and Jon Jackson*, Immediate Past President.

MPA Committee Chairs appointed by the President include Private Practice Cte, *Dr. Andy Bishop*; Child & Adolescent Cte, *Dr. Jonathan Baker*; Membership, *Dr. Mark Ladner*; Ethics and Bylaws, *Dr. Clyde Glenn*; The MPA Journal Editor, *Dr. John Wilkaitis*; Early Career Psychiatry, *Dr. Seth Kalin*; CME Cte, *Dr. Phil Scurria*; Disaster Cte, *Dr. Jahan Khan*; Resident Liaison *Dr. Mimi Pham*, UMMC and *Dr. Kirolos Adly*, MSH: CAC Rep, *Dr. Philip Merideth*.

Now is the time to volunteer to serve one of the committees above that may be of interest to you. Please email mpa39206@aol.com and indicate your willingness to serve on a committee. The choices include Legislation, Membership, Ethics, Private Practice, Child and Adolescent, Early Career Psychiatry (ECP), Disaster and The Journal of the MPA.

APA Fellowship Applications Now Accepted If you have been on the fence about applying for APA Fellowship, MPA encourages you to do so this year, if you are eligible. Members submit their own applications to become a Fellow of the APA. APA will be reaching out to eligible members through August 2023. Simply follow the link below and fill out the application. It will not take you long and you can become a part of this esteemed group. FAPA Application Link (also available on APA website): https://fapa.psychiatry.org/

Past and Upcoming Trainings from the APA Communications Team:

Thanks to all who have attended the first three webinars on communications! These are hosted the

second Tuesday of every other month at 3 pm Eastern, as live and recorded webinars. These are open to any APA member, but specifically geared to those who are active in their DB/SAs.

Next up:

Effective Opinion Writing

This training will cover the basics of opinion writing as well as options for publication: op-eds, letters to the editor, LinkedIn, etc.

Tuesday, August 8, 3 pm-4 pm Eastern

Register:

https://psychiatry-org.zoom.us/meeting/register/tZUkfu2gpzMtHdBRQVzfQcX5o_6LXY0-YGLv

Recordings:

Social Media for Organized Psychiatry: Passcode: q3tf@A##

APA Storytelling for Communications: Passcode: 0N?7DHc=

Media Relations 101 with Senior Media Relations Manager Erin Connors

UPDATE ON PRESIDENTIAL CAMPAIGN:

You may have heard that President Petros Levounis, M.D., M.A., is focused <u>on addiction for his presidential year</u>. APA will be covering Vaping, Opioids, Alcohol, and Technology in the coming months with public education materials.

Vaping materials for the public are available here—please share!:

Videos:

https://www.youtube.com/watch?v=S3jtG1pi22M (English)

https://www.youtube.com/watch?v=DKp_JJ9oP5s (Spanish)

Blog: https://www.psychiatry.org/News-room/APA-Blogs/Vaping-is-Unhealthy-Tips-and-Resources-to-Help-Qui

New Informational Website: https://www.psychiatry.org/patients-families/e-cigarettes-and-vaping Infographics: https://americanpsych-my.sharepoint.com/:f:/g/personal/vtitterton_psych_org/EmjM-Az4aQIJsauCCoF9OMoBFpXuuoaOcNY3Mc2Fg26Chw?e=4jcQAe

Materials on Opioids are in development for release in September, Recovery Month.

NEWS AND UPCOMING THEMES:

Please check out our May graphics around the theme of What is Psychiatry. Keep up with our polls here: you can see results of polls on mental health generally, addiction, and creative activities. In August we will be issuing infographics on innovation and psychiatry, and in September we'll focus on Recovery Month.

JOIN APA'S SPEAKER'S BUREAU

APA is seeking members who are active in the association to join APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. Fill out the form here to participate in the APA Speaker's Bureau. Please contact us (vtiterton@psych.org) with any questions you may have.

MPA Formed a Virtual Team (Mending Mississippi Minds) for the Moore Equity in Mental Health 5K, July 29th; Donate or Join to Support the APA Foundation

The APA's Division of Diversity and Health Equity invites MPA members to join us in combating mental health inequities facing young people of color and in honoring mental health advocate Bebe Moore Campbell. Your time and dollars can help make a difference for young people of color facing mental health challenges and the impact of systemic racism. Funds raised benefit the APA Foundation Moore Equity in Mental Health Community Grants Program, which supports community organizations that have undertaken innovative awareness programs and/or have provided services to improve the mental health of young people of color.

Get Social! As you run, walk and roll be sure to share to social media and use our hashtags!

#MooreEquityInMentalHealth #BebeMooreCampbell

Continue Your Fundraising Until July 31st! Funds benefit the <u>APAF Moore Equity in Mental Health Community Grants Program</u>. Read more about your impact by <u>clicking here</u>.

Join the MPA Team by following the link below and clicking on Mending MS Minds:

https://runsignup.com/Race/Donate/124289/TopTeamFundraisers

There is no cost to join our virtual team.

THREE THINGS TO KNOW ABOUT: REPORTING OBLIGATIONS

Written by Professional Risk Management Services® (PRMS®)

- 1. All states as well as the District of Columbia have laws requiring physicians to report suspected child abuse or neglect. The CDC defines child abuse and neglect as "any act or series of acts of commission or omission by a parent or other caregiver (e.g., clergy, coach, teacher) that results in harm, the potential for harm, or the threat of harm to a child." Abuse may be physical, sexual, or psychological. Neglect may be physical, emotional, deprivation of medical and dental care, educational neglect, inadequate supervision or exposure to violent environments. States vary, however, as to how they define child abuse, and when physicians are required to report. For example, there may be a requirement that the psychiatrist gain knowledge of the situation in a treatment relationship with the child or the abuser. Surprisingly, some states do require that abuse be reported even if the psychiatrist learns of the abuse after the child has reached the age of majority (18).
- 2. Some states are now requiring the reporting of intimate partner violence (also called domestic abuse or violence) which the CDC describes as "physical violence, sexual violence, stalking and psychological aggression (including coercive acts) by a current or former intimate partner." Bear in mind, however, that many states still take the position that is unethical and a breach of confidentiality to report suspected domestic violence without the consent of the patient.
- 3. Through their treatment relationship, psychiatrists will sometimes learn that patients have committed criminal acts. While you may have an obligation to report a planned future crime (see number 9 below), physicians are typically not required to report completed crimes regardless of the type of crime committed. Unless you in some way aided in or concealed the

crime (e.g., you agreed to hang on to the murder weapon) you are not in violation of the law by failing to report your patient.

EXCEPTIONAL MEDICAL MALPRACTICE INSURANCE FOR PSYCHIATRISTS LEARN MORE TO SHARE THE PROPERTY OF THE PROPERTY



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1-800-245-3333

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LinkedIn: LinkedIn.com/company/PRMSprograms

Twitter Accounts of Interest Main account: @APAPsychiatric

Healthy Minds: <u>@APAHealthyMinds</u>MPA Main account: <u>@MSPsychiatrist</u>

Facebook Pages of Interest

Main account: American Psychiatric Association

Healthy Minds: APA Healthy Minds

MPA Main Account: Mississippi Psychiatric Association

LinkedIn

- American Psychiatric Association
- Mississippi Psychiatric Association

DMH 52 Weeks of Progress

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress.

This week, we highlight HIV efforts through Put Your Foot Down, Mississippi.

The *Put Your Foot Down, Mississippi* campaign is in partnership with the Mississippi State Department of Health. It is a call to all Mississippians to take steps toward ending the misconceptions surrounding HIV/AIDS by educating themselves, getting tested to know their status, protecting themselves proactively against HIV, and doing their part to stop the spread. The efforts focus on encouraging people to engage with content that will help strengthen understanding about HIV/AIDS from a scientific perspective, how it spreads, and practical ways to protect yourself and those you love. DMH provides federal funding to offer HIV testing in substance use treatment programs. You can find facts, testing locations, other resources, and more

at <u>www.putyourfootdownms.com</u> or by following the campaign on Facebook at <u>www.facebook.com/PutYourFootDownMS</u>.

What's New at the APA

- APA released a statement in response to a Supreme Court ruling in Students for Fair
 Admissions v. President and Fellows of Harvard College and Students for Fair Admissions v.
 University of North Carolina that struck down affirmative action. The statement supports a
 race-conscious approach to college admissions as an effective tool for assembling a diverse
 mental health work force. You can read the full APA statement on the affirmative action
 decision here.
- The APA Foundation earned three Gold Telly Awards for an educational video promoting
 the Notice. Talk. Act.® program. The official award titles are Gold Telly for Social Video –
 Not for Profit, Gold Telly for Social Video Social Impact, and Gold Telly for Social Video –
 Workplace Culture. The Telly Awards have been recognizing excellence in digital storytelling
 for over 15 years. You can read more about the foundation's Gold Telly Awards here.

Videos for Sharing:

APA's <u>Youtube channel</u> has a plethora of mental health focused videos you can use on social media or share elsewhere. Check out our playlist of Spanish language mental health explainers: https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3 - cotpWquvGObsROanF Eb6jgS0eR2

July Course of the Month – Anxiety Disorders Treatment: Current State and Future Promise

This course will review anxiety disorders, discuss changes as we move from DSM-5 to DSM-5 TR and any implications this may have for diagnosis of these syndromes, discuss an approach to conceptualizing how the social determinants of health and mental health may impact the treatment of anxiety disorders, discuss treatment options, evidence-based psychotherapies, the value of pharmacological strategies, and explore how new technologies may play a disruptive influence on how we recognize people at risk for developing these syndromes – potentially extending our treatment options.

<u>Click here to access the Course of the Month and sign up for updates about this free member</u> benefit.

One-Day Presidential Learning Immersive at APA Headquarters Join APA President Petros Levounis, M.D., M.A., and experts Smita Das, M.D., Ph.D., M.P.H., and Carla Marienfeld, M.D., for a learning immersive on addictions at APA headquarters on Friday, July 28. A welcome reception will be held on Thursday evening, July 27. This is the first event in the @theAPA Educational Series. If you haven't visited APA's new headquarters in Washington, D.C., yet, here's your chance! Learn More.

These four-hour online courses are led by experts on major topics in psychiatry. They offer a comprehensive approach to learning using various formats, from interactive self-paced modules to virtual skill-building instruction featuring live case presentations and breakout groups. REGISTER HERE.

Submit Abstracts for APA's 2024 Annual Meeting

Abstract submissions are now being accepted for APA's 2024 Annual Meeting, which will take place May 4 to 8 in New York, N.Y. The theme of the meeting is "Confronting Addiction: From Prevention to Treatment." Submit your ideas for general sessions, courses, and posters to the biggest psychiatric meeting of the year. <u>LEARN MORE</u>

Registration Now Open for 2023 Mental Health Services Conference

The Mental Health Services Conference will be held in Washington, D.C., on Thursday, October 12, through Saturday, October 14. Roll your sleeves up and learn, collaborate on new solutions, and network with other colleagues who care for those with mental illness. REGISTER TODAY

Psychiatric News Invites Applications for Medical Editor-in-Chief

APA members who have administrative experience, are passionate about disseminating news in the field of psychiatry, and are knowledgeable about print and digital communications are invited to apply. The deadline for applications, which should include a vision statement and a curriculum vitae, is **July 19, 2023**. **LEARN MORE**

Nominations Now Open for APA Components and Board of Trustees

APA's success hinges on the expertise, knowledge, and input of its members. Learn more about APA leadership opportunities and nominate yourself or a colleague by Tuesday, August 15, for component service and Friday, September 1, for the Board of Trustees. <u>LEARN MORE</u>