E-Update June 16, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in royal blue contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Marilyn Stewart. Please contact Marilyn at 202-559-3938 or via email: mstewart@psych.org.

2022 Final Report Released by Coordinator of Mental Health Accessibility

The <u>Mississippi Legislature created</u> the Coordinator of Mental Health Accessibility position in 2020, tasked with these duties:

- To perform a comprehensive review of Mississippi's mental health system.
- To analyze and review the structure of the mental health system.
- To review the adequacy and quality of the individualized support and services provided to people discharged from the state hospitals.
- To review the quarterly financial statements and status reports of the individual community mental health centers.
- To consult with the <u>Special Master</u> appointed in the <u>United States v. Mississippi</u> ruling and a wide range of other stakeholders, including the Monitor in the same lawsuit.
- To determine where the delivery or availability of mental health services is inadequate in any county or geographic area within a county.
- To determine whether each community mental health center has sufficient funds to provide the required mental health services.
- To report on the status of the mental health system quarterly.

<u>Bill Rosamond was appointed to the Coordinator position on October 15, 2020</u>. His office recently released its <u>monitoring report for October – December 2022</u>.

The report covers these topics:

- The 988 Crisis Response System
- Crisis Residential services
- State Psychiatric Hospitals' capacities and admissions
- Follow-Up to Recommendations in Third Quarterly Report
- Mental Health Region 11 Updates
- Community Mental Health Center Workforce Salaries
- Recommendations from the Coordinator's Office

Report highlights:

- The Mississippi Legislature passed legislation to oversee and coordinate the "988" system. Mississippi crisis line workers have responded to over 18,000 calls each of the past two years. In-state responders answer more of Mississippi's calls than many other states that rely on out-of-state operators. There is not yet data on how helpful callers say their experiences were.
- The Mississippi mental health system has fourteen crisis stabilization units (CSUs) throughout the state, with 181 beds for adults in mental health crisis. The staff of the Office of Mental Health Accessibility found that for every 100 people admitted to a CSU, 83 were turned away. Reasons a CSU did not admit a given person include: the CSU was full, the person was considered too violent or to need a higher level of care, there was not enough staff, the person was medically unstable, the person had substance use issues or the person had inappropriate sexual behaviors. The report offers suggestions to standardize admission procedures and partner with different groups to address needs.
- The report summarizes state hospital admissions and describes them as returning to pre-COVID levels.
- The report describes the current status of the consolidation of Region 6 and Region 1 in the mental health system.
- The report summarizes multiple efforts to address Region 11's fiscal instability and encourages the region to develop a single point of entry using a Crisis Intervention Team (CIT).
- The report provides an overview of salaries in the mental health system. Executive directors' salaries range from \$74,000 to \$381,925, and salaries for bachelors-level employees range from \$27,130 \$47,133, with other positions falling in between.

The report concludes with recommendations, including:

- "The OCMHA Best Practices committee, the Mississippi Association of Community Mental Health Centers, and DMH should create a workgroup of state hospital staff, CMHC staff and other parties (local hospitals) to do the following:
 - Create MOUS between crisis units and local hospitals to create a solution for individuals needing medical treatment.
 - Explore reasons why people were not admitted and identify solutions for people who meet criteria for admission.
 - Explore admission policies and procedures and identify reasons people were not admitted.
 - Explore impact of workforce shortages and identify solutions for workforce training, recruitment and retention.
 - Create a direct path to provide services to people with substance use disorder as these individuals may be at high risk for imminent harm due to overdose.
 - Create a direct path to provide brief intervention and referral to treatment for people in crisis.
 - Other issues identified by the workgroup.
- Region 11 should partner with local law enforcement to create and sustain CITs and establish formal MOUS between the CMHC and all law enforcement officers for all counties in the service region.
- Create single points of entry for Adams County as well as all for all other counties in the regions for people referred by CITs."

MPA appreciates the recommendations and information in this report. Click here to read the full report. If you have questions or feedback for Mr. Rosamond, you can reach him at bill.rosamond@dfa.ms.gov or 601-359-3402.

You can read past reports and look for future reports by going to the <u>Mississippi Department of Finance and Administration's website</u> and hovering over Quick Links at the top. Click on <u>DFA Legislative Updates</u> and then choose the report of interest in the options.

CME Addiction Conference Free for MPA Members: Simply Register with QR Code



About CIDA

The Center for Innovation and Discovery in Addictions (CIDA) is dedicated to understanding, discovering, implementing, and disseminating innovative treatments for people confronting substance use disorders. The Mississippi Horizons project is the latest of CIDA's initiatives. Presented in collaboration with the Mississippi Psychiatric Association and the Mississippi Medical Association.

Cannabis in Mississippi Thursday, July 13, 8 am—5 pm

- Continuing education available for physicians, psychologists, nurses, & social workers
- Breakfast and lunch provided
- Eagle Ridge Conference Center, Raymond, MS
- Registration \$20

Speakers Include:

- Daniel Edney, Chief Medical Officer, Mississippi Department of Health
- Robert Welch, Ole Miss Cannabis Research Program
- Steve Maxwell, Director Mississippi Bureau of Narcotics
- Claude Brunson, President, Mississippi Medical Association
- Saurabh Bhardwaj, UMMC Addiction Psychiatrist

For full agenda and to register for the conference, please scan the QR code below.



Conference supported by Congressional Directive Funding administered by SAMHSA. For questions call 601-815-9110

Need 20 free CME (including 2.5 ABPN-MOC-2 Self-Assessment) Links Below

"Improving Clinical Practice with Patients who have Opioid Use Disorder (OUD): Performance in Practice (PIP) and Self-Assessment (SA) Activity." <u>education.aaap.org/Public/Catalog/...</u>





UMMC Psychiatry Residents Graduate

The Fairview Inn was the site of the UMMC Dept of Psychiatry Graduation and Awards Dinner on Friday, June 9th. Pictured at left are new graduates: Hunter McLendon, Josh Trull, Bhargav Muppaneni, Kritika Chokhawala, Sara Porter and Perry Morgan. Numerous awards were presented during the ceremony including the MPA sponsored Nina Goss Moffit Award presented by Dr. Sara Gleason to Marjorie McCoy pictured below right. Below left photo of Yasmin Partee Carter with Residency Director Dr. Jahan Khan. Lower right is Dr. Khan with John Worth Hopkins.





Awards in Psychiatry	Winner
Howard Roffwarg	Yasmin Carter,
Scholarly Excellence	MD
Award	
Howard Roffwarg Scholarly	Krutika
Excellence Award	Chokhawala, MD
Howard Roffwarg Scholarly	Bhargav
Excellence Award	Muppaneni, MD
Howard Roffwarg Scholarly	Josh Trull, DO
Excellence Award	
Garland "Bo" Holloman	Sabrina DeLeon,
Service Award	MD
Nina Moffitt Award	Marjorie McCoy,
	MD
Ed Draper Award	Joshua Trull, DO
Teacher of the Year	Mark Ladner, MD
(didactic)	
Teacher of the Year (clinical)	Saurabh
, , , ,	Bhardwaj, MD
PRITE Award	Krutika
	Chokhawala, MD
Child and Adolescent	Shiva Kothari, MD
Psychiatry Leadership	
Award	
Junior Resident Award	Michael Collins,
	DO
Chief Resident Award (1)	Joshua Trull, DO
Chief Resident Award (2)	Perry Morgan,
	MD
Chief Resident Award (3)	Marjorie McCoy,
	MD
Chief Resident Award (4)	Bhargav
	Muppaneni, MD
Resident Ambassador	Josh Trull, DO
Service Award (1)	
Resident Ambassador	Yasmin Carter,
Service Award (2)	MD
Resident Ambassador	Perry Morgan,
nesidelit Allibassaddi	Perry Morgan,

Best Medical Student Educator Award PGY I	Mimi Pham, MD
Best Medical Student Educator Award PGY II	Shiva Kothari, MD
Best Medical Student Educator Award PGY III	Avani Patel, MD
Best Medical Student Educator Award PGY IV	Josh Trull, DO
Scott Rodgers Interprofessional Teamwork Award	Shiva Kothari, MD
Child and Adolescent Psychiatry Chief Resident Award	Sara Porter, MD

APA Asking Members to Fill Out Survey on EHR's

This is the link to the quick survey about member experiences with your electronic health records to inform upcoming rulemaking and collaboration with health IT regulators.

The QR code to the survey is below as well as





MPA Formed a Virtual Team (Mending Mississippi Minds) for the Moore Equity in Mental Health 5K, July 29th; Donate or Join to Support the APA Foundation

The APA's Division of Diversity and Health Equity invites MPA members to join us in combating mental health inequities facing young people of color and in honoring mental health advocate Bebe Moore Campbell. Your time and dollars can help make a difference for young people of color facing mental health challenges and the impact of systemic racism. Funds raised benefit the APA Foundation Moore Equity in Mental Health Community Grants Program, which supports community organizations that have undertaken innovative awareness programs and/or have provided services to improve the mental health of young people of color.

Get Social! As you run, walk and roll be sure to share to social media and use our hashtags!

#MooreEquityInMentalHealth #BebeMooreCampbell

Continue Your Fundraising Until July 31st! Funds benefit the <u>APAF Moore Equity in Mental Health Community Grants Program</u>. Read more about your impact by <u>clicking here</u>.

Join the MPA Team by following the link below and clicking on Mending MS Minds:

https://runsignup.com/Race/Donate/124289/TopTeamFundraisers

There is no cost to join our virtual team.

Free Virtual Suicide Course Offered to MPA Members

On Behalf of Alan Schatzberg, M.D. (APA past-president) and myself, we are pleased to announce that the registration is now open for this year's McLean/Stanford suicide course which again is virtual and **free**. As many of you did last year, we would appreciate your passing this link and/or the below announcement to your members. https://home.mcleanhospital.org/ce-suicide

We appreciate your past support of this public service and please let your members know that all presentations are new.

Glad to answer any questions.

Douglas Jacobs, MD

Associate Professor of Psychiatry, part time, Harvard Medical School Member, Suicide Advisory Committee, McLean Hospital Co-Director-Suicide Focused Assessment and Treatment: An Update for Professionals-October 25, 2023

https://home.mcleanhospital.org/ce-suicide

Phone: 781-591-5221 Email: dri@djacobsmd.com

DFAPA Eligibles Need to Contact the DB to Begin Their Applications & Receive Support

Members eligible for DFAPA should contact the DB to receive assistance and support for their application toward DFAPA in this cycle that is due July 1, 2023. Please email mpa39206@aol.com to get started. The designation is a career snapshot from medical school to the present and requires 3 letters of recommendation from current DFAPA in good standing within APA.

APA Fellowship Applications Now Accepted

If you have been on the fence about applying for APA Fellowship, MPA encourages you to do so this year, if you are eligible. Members submit their own applications to become a Fellow of the APA. APA will be reaching out to eligible members through August 2023. Simply follow the link below and fill out the application. It will not take you long and you can become a part of this esteemed group. **FAPA Application Link (also available on APA website):** https://fapa.psychiatry.org/

THREE THINGS TO KNOW ABOUT: LIABILITY FOR ACTS OF OTHERS

Written by Professional Risk Management Services® (PRMS®)

- 1. In addition to responsibility for their own acts and omissions, physicians may be held liable for the acts and omissions of others. This may include office staff, non-physician providers whom they employ, supervise, or collaborate with, office mates, and in some instances, patients.
- 2. There are various theories of negligence under which an action may be pursued against a psychiatrist for acts/omissions of others. These include: vicarious liability/respondeat superior where one is held responsible for the acts of one in their employ (provided that the employee was acting within the scope of his or her employment), negligent supervision, negligent hiring/retention, and lack of informed consent.
- 3. Avoid the appearance of any control of or supervision of your office mates. Eliminate as many objective indicators of association as possible. This might include shared outdoor signs, letterhead, office telephone numbers, billing personnel, etc. Post and provide to every patient a fact sheet or disclosure statement stating, at a minimum: that all of the professionals are independent practitioners, you are not in partnership, that you have no responsibility for each other's billing, and that you neither control nor supervise the services provided by the other clinicians. You may wish to have patients acknowledge this in writing.

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Facebook Pages of Interest

Main account: <u>American Psychiatric Association</u>

Healthy Minds: <u>APA Healthy Minds</u>

MPA Main Account: Mississippi Psychiatric Association

LinkedIn

- American Psychiatric Association
- Mississippi Psychiatric Association

DMH 52 Weeks of Progress

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. This week, we highlight the Mental Health Awareness and Training grant.

Through the Mental Health Awareness and Training grant, DMH is able to offer Mental Health First Aid Training at no cost to school personnel, parents and caregivers, and first responders and other frontline workers - including educational employees, counselors, and others who directly work with the public. Mental Health First Aid teaches you the skills needed to reach out and provide initial support to someone who maybe developing a mental health or substance use problem and help connect them to resources.

In the first half of FY23, DMH was able to train 262 people from 15 different organizations throughout the state. For more information or to arrange training, contact Mariesha Eason at the Mississippi Department of Mental Health at 601-359-1288.

What's New at the APA

- Petros Levounis, M.D., M.A assumed office as APA President at the conclusion of the 2023 APA Annual Meeting in San Francisco last month. Dr. Levounis is an internationally renowned expert on addiction and LGBTQ+ mental health advocate. The theme for his presidential year is *Confronting Addiction: From Prevention to Recovery*, and will focus on public information and engagement campaigns, as well as collaboration with allied groups. You can read more about Dr. Levounis' plans for his presidential year here and view other APA leadership candidates who took office at the close of the Annual Meeting here.
- The APA Foundation announced the 2023 winners of the APAF Awards for Advancing Minority Mental Health. They are: South Asian Mental Health Initiative and Network, located in Linden, New Jersey; Neighbors' Consejo in Washington, D.C.; Association House of

- Chicago in Chicago, Illinois; Amani Family Services in Fort Wayne, Indiana; The Center Orlando, Inc. in Orlando, Florida; The Achievable Foundation in Culver City, California; and Lines for Life in Portland, Oregon. Each winning organization has been recognized with an award of \$5,000. You can <u>read more about these organizations and their work here</u>.
- The vast majority of Americans agree that cigarettes are unsafe, according to the latest public opinion poll from the APA and Morning Consult. 84% of those surveyed considered cigarettes to be unsafe, and 87% said it was somewhat or very addictive. Americans also consider vapes (76%) and non-prescription opioids (75%) to be unsafe. While a wide majority of Americans (75%) consider technology to be addictive, only 23% feel it is unsafe. You can see the full poll results from APA's annual addiction survey here.

Media Relations 101 (with Senior Media Relations Manager Erin Connors)

Whether you've never talked with a reporter before, or need a refresher, join APA's Senior Media Relations Manager Erin Connors for an engaging training session covering how, when and why to talk to the media. Learn how to prepare, how to respond, and a few tips for different types of interviews (written stories/on camera), etc. Depending on the number of attendees, you have the (optional) opportunity to practice in front of your colleagues!

Sign up here: https://us06web.zoom.us/webinar/register/WN_RVTc7epLRaShRc-d797sYg

Past and Upcoming Trainings & Recordings:

Thanks to all who attended the first in our series of webinars on communications! We are planning these as quarterly efforts as live and recorded webinars. These are open to any APA member, but specifically geared to those who are active in their DB/SAs. Stay tuned for an invite for the next live media training session, tentatively scheduled for the September Components Meeting.

Recordings:

Social Media for Organized

Psychiatry: https://us06web.zoom.us/rec/share/mjz5c86f0i7bZzqG6NpqVSRFNd9pE2TGvhFgMW

pmsvJMm9zqOzh-cYhBZiPWH8-0.nkjSdBy6TGH7oN-T

Passcode: q3tf@A##

APA Storytelling for Communications:

https://us06web.zoom.us/rec/share/GIQpQ-N1T8LY2CE5w2Cmw-

eYoBLY3jEi1MjRHIOZ5ET7Ct2nb7NApsFu7WBG1Fhi.Q719eE2le2s1kU5n

Passcode: 0N?7DHc=

Videos for Sharing:

APA's <u>Youtube channel</u> has a plethora of mental health focused videos you can use on social media or share elsewhere. Check out our playlist of Spanish language mental health explainers: https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3 - c0tpWguvGObsROanF Eb6igS0eR2

June Course of the Month – Ethical Issues in Treating LGBTQ Patients

This course reviews historical psychiatric attitudes towards LGBTQ patients that could be construed, at best, as patronizing and, at worst, overtly hostile. This course also outlines some common clinical questions raised by LGBTQ patients—what is known and not known about the origins of homosexuality and transgender expression, sexual orientation conversion efforts, therapist self-disclosure, how therapists should address LGBTQ patients, and controversies

surrounding treatment of transgender children—as well as ethical issues raised in these clinical encounters.

Click here to access the Course of the Month and sign up for updates about this free member benefit.

Psychiatric News Invites Applications for Medical Editor-in-Chief

APA members who have administrative experience, are passionate about disseminating news in the field of psychiatry, and are knowledgeable about print and digital communications are invited to apply. The deadline for applications, which should include a vision statement and a curriculum vitae, is **July 19, 2023**.

LEARN MORE

Be a part of APA's Speakers Bureau

APA is seeking members who are active and engaged in Component activities to be a part of APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. This includes writing blogs on important mental health topics, providing government testimony, and participation in social media events, like Twitter chats, Instagram live, and more.

Members of the APA Speaker's Bureau, as an internal influencer group, will also be asked to amplify APA's voice by promoting public education initiatives via social media and engaging during APA social media events.

Simply scan this QR code to access the speaker's bureau form and add your voice.

Note: Any personal information shared is kept **strictly confidential** and only able to be accessed by APA Communications staff. We ask for this information so that we can get a decent picture of who our experts are and make the best match for a given opportunity. Participation in this project does not guarantee that a member will be contacted for a media interview or other public-facing opportunity.

Please contact James Carty (<u>icarty@psych.org</u>) with any questions you may have.