

E-Update June 23, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Marilyn Stewart. Please contact Marilyn at 202-559-3938 or via email: [mstewart@psych.org](mailto:mstewart@psych.org).

### MPA Members Serve on Delegation to the AMA Annual Meeting in Chicago



Pictured from left are *Dr. Avani Patel*, Dr. Jennifer Bryan (Chair) Dr. Sharon Douglas, Dr. Carlos Latorre, Dr. Clay Hayes, Dr. Randy Easterling, Dr. Lee Voulters and *Dr. Katherine Pannel*. Some of the topics discussed by the group included scheduling and ban of over-the-counter Kratom, support of physician owned hospitals, reform of Medicare payments, prior authorization, supporting telehealth, reducing physician

burnout, fighting scope creep and health inequities. Thanks for representing your specialty at the local, state and national levels. Dr. Patel also serves on the AMA Foundation Board. The AMA House of Delegates met June 9-14<sup>th</sup> at the Hyatt Regency Chicago.

### MPA President Building New Executive Council for 2023-2025

Dr. Philip Merideth is working on finalizing his new Executive Council by the end of June and the members serving will be announced in the e-update thereafter.

## CME Addiction Conference Free for MPA Members: Simply Register with QR Code



### About CIDA

The Center for Innovation and Discovery in Addictions (CIDA) is dedicated to understanding, discovering, implementing, and disseminating innovative treatments for people confronting substance use disorders. The Mississippi Horizons project is the latest of CIDA's initiatives. Presented in collaboration with the Mississippi Psychiatric Association and the Mississippi Medical Association.

**Cannabis in Mississippi**  
**Thursday, July 13, 8 am—5 pm**

- Continuing education available for physicians, psychologists, nurses, & social workers
- Breakfast and lunch provided
- Eagle Ridge Conference Center, Raymond, MS
- Registration \$20

### Speakers Include:

- Daniel Edney, Chief Medical Officer, Mississippi Department of Health
- Robert Welch, Ole Miss Cannabis Research Program
- Steve Maxwell, Director Mississippi Bureau of Narcotics
- Claude Brunson, President, Mississippi Medical Association
- Saurabh Bhardwaj, UMMC Addiction Psychiatrist

For full agenda and to register for the conference, please scan the QR code below.



Conference supported by Congressional Directive Funding administered by SAMHSA. For questions call 601-815-9110

## Majority of States Still Struggling to Ensure Citizens' Calls to 988 Suicide Lifeline Get Answered Locally

[ABC News](#) (6/19, Cahan ) reports, "Since its launch in July 2022, the new" nationwide 988 suicide hotline has "fielded over two million calls from people in crisis – 45% more than the 10-digit hotline over the same period in the previous year, according to data from Vibrant Emotional Health, the organization appointed by the federal government to oversee the line." Now, nearly "one year after the crisis line's rollout – and after nearly one billion dollars of federal investment – the majority of states are still struggling to ensure that their citizens' calls get answered locally." While "unanswered calls roll over to national backup centers...federal officials acknowledge these centers are generally less equipped to provide the local services callers may need."

### **Need 20 free CME (including 2.5 ABPN-MOC-2 Self-Assessment) Links Below**

"Improving Clinical Practice with Patients who have Opioid Use Disorder (OUD): Performance in Practice (PIP) and Self-Assessment (SA) Activity." [education.aap.org/Public/Catalog/...](https://education.aap.org/Public/Catalog/...)

### **APA Asking Members to Fill Out Survey on EHR's**



This is the link to the quick survey about member experiences with your electronic health records to inform upcoming rulemaking and collaboration with health IT regulators. Scan the QR Code below.



### **MPA Formed a Virtual Team (Mending Mississippi Minds) for the Moore Equity in Mental Health 5K, July 29<sup>th</sup>; Donate or Join to Support the APA Foundation**

The APA's Division of Diversity and Health Equity invites MPA members to join us in combating mental health inequities facing young people of color and in honoring mental health advocate Bebe Moore Campbell. Your time and dollars can help make a difference for young people of color facing mental health challenges and the impact of systemic racism. Funds raised benefit the APA Foundation Moore Equity in Mental Health Community Grants Program, which supports community organizations that have undertaken innovative awareness programs and/or have provided services to improve the mental health of young people of color.

**Get Social! As you run, walk and roll be sure to share to social media and use our hashtags!**

#MooreEquityInMentalHealth #BebeMooreCampbell

Continue Your Fundraising Until July 31st! Funds benefit [the APAF Moore Equity in Mental Health Community Grants Program](#). Read more about your impact by [clicking here](#).

### **Join the MPA Team by following the link below and clicking on Mending MS Minds:**

<https://runsignup.com/Race/Donate/124289/TopTeamFundraisers>

There is no cost to join our virtual team.

### **APA Fellowship Applications Now Accepted**

If you have been on the fence about applying for APA Fellowship, MPA encourages you to do so this year, if you are eligible. Members submit their own applications to become a Fellow of the APA. APA will be reaching out to eligible members through August 2023. Simply follow the link below and fill out the application. It will not take you long and you can become a part of this esteemed group.

**FAPA Application Link (also available on APA website):** <https://fapa.psychiatry.org/>

## THREE THINGS TO KNOW ABOUT: MEDICAL RECORD REQUESTS

Written by  
Professional Risk Management Services® (PRMS®)

1. Access to protected information may be requested by a patient or other individual in a variety of ways for a variety of purposes. It is vitally important that requests for information *never be ignored* as there are professional, ethical, and legal penalties for failing to respond in a timely manner. Furthermore, failure to respond appropriately to requests in a judicial context may invoke professional liability coverage issues.
2. Verbal requests usually come from a patient, a member of the patient's family, or a law-enforcement professional. Verbal requests are almost always insufficient to allow or compel disclosure, and psychiatrists have very little discretion with such requests. The primary exception to this rule is an emergency situation (e.g., a call from the ER or an imminently suicidal patient). If there is no emergency, the appropriate response is to explain that the request must be put in writing. Additionally, if the request is from someone other than the patient, the requester must cite his authority to access the information.
3. Ideally, all requests for information should be in the form of, or include, a written release authorization. Written requests that do not include an authorization are almost always insufficient to allow or compel the release of information. Written release authorizations are documents whereby the individual who has the legal authority to control the protected information gives the psychiatrist permission and direction to disclose specified information. The written release serves to protect the psychiatrist from potential liability for disclosing information. When a written request is received, it should be evaluated as soon as possible, as time is usually of the essence. Some states even specify the time frame within which requests must be processed.

EXCEPTIONAL MEDICAL MALPRACTICE  
INSURANCE FOR PSYCHIATRISTS

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### PRMS

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**Twitter Accounts of Interest** Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

□ Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)

- MPA Main account: [@MSPsychiatrist](#)

### Facebook Pages of Interest

- Main account: [American Psychiatric Association](#)
- Healthy Minds: [APA Healthy Minds](#)
- MPA Main Account: [Mississippi Psychiatric Association](#)

### LinkedIn

- [American Psychiatric Association](#)
- [Mississippi Psychiatric Association](#)

### DMH 52 Weeks of Progress

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. **This week, we highlight the Mental Health Awareness and Training grant.**

Through the Mental Health Awareness and Training grant, DMH is able to offer Mental Health First Aid Training at no cost to school personnel, parents and caregivers, and first responders and other frontline workers - including educational employees, counselors, and others who directly work with the public. Mental Health First Aid teaches you the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to resources.

In the first half of FY23, DMH was able to train 262 people from 15 different organizations throughout the state. For more information or to arrange a training, contact Mariasha Eason at the Mississippi Department of Mental Health at 601-359-1288.

### What's New at the APA

- Petros Levounis, M.D., M.A assumed office as APA President at the conclusion of the 2023 APA Annual Meeting in San Francisco last month. Dr. Levounis is an internationally renowned expert on addiction and LGBTQ+ mental health advocate. The theme for his presidential year is **Confronting Addiction: From Prevention to Recovery**, and will focus on public information and engagement campaigns, as well as collaboration with allied groups. You can read more about Dr. Levounis' plans for his presidential year [here](#) and view other APA leadership candidates who took office at the close of the Annual Meeting [here](#).
- The APA Foundation announced the 2023 winners of the APAF Awards for Advancing Minority Mental Health. They are: South Asian Mental Health Initiative and Network, located in Linden, New Jersey; Neighbors' Consejo in Washington, D.C.; Association House of Chicago in Chicago, Illinois; Amani Family Services in Fort Wayne, Indiana; The Center Orlando, Inc. in Orlando, Florida; The Achievable Foundation in Culver City, California; and Lines for Life in Portland, Oregon. Each winning organization has been recognized with an award of \$5,000. You can [read more about these organizations and their work here](#).
- The vast majority of Americans agree that cigarettes are unsafe, according to the latest public opinion poll from the APA and Morning Consult. 84% of those surveyed considered cigarettes to be unsafe, and 87% said it was somewhat or very addictive. Americans also

consider vapes (76%) and non-prescription opioids (75%) to be unsafe. While a wide majority of Americans (75%) consider technology to be addictive, only 23% feel it is unsafe. You can see the full poll results from [APA's annual addiction survey here](#).

### **Media Relations 101** (with Senior Media Relations Manager Erin Connors)

Whether you've never talked with a reporter before, or need a refresher, join APA's Senior Media Relations Manager Erin Connors for an engaging training session covering how, when and why to talk to the media. Learn how to prepare, how to respond, and a few tips for different types of interviews (written stories/on camera), etc. Depending on the number of attendees, you have the (optional) opportunity to practice in front of your colleagues!

**Sign up here:** [https://us06web.zoom.us/webinar/register/WN\\_RVTc7epLRaShRc-d797sYq](https://us06web.zoom.us/webinar/register/WN_RVTc7epLRaShRc-d797sYq)

### **Past and Upcoming Trainings & Recordings:**

Thanks to all who attended the first in our series of webinars on communications! We are planning these as quarterly efforts as live and recorded webinars. These are open to any APA member, but specifically geared to those who are active in their DB/SAs. Stay tuned for an invite for the next live media training session, tentatively scheduled for the September Components Meeting.

#### *Recordings:*

Social Media for Organized

Psychiatry: <https://us06web.zoom.us/rec/share/mjz5c86fOi7bZzqG6NpqVSRFNd9pE2TGvhFqMWpmsyJm9zqOzh-cYhBZjPWH8-0.nkjSdBy6TGH7oN-T>

Passcode: q3tf@A##

APA Storytelling for Communications:

<https://us06web.zoom.us/rec/share/GIQpQ-N1T8LY2CE5w2Cmw-eYoBLY3jEi1MjRHIOZ5ET7Ct2nb7NApsFu7WBG1Fhi.Q719eE2le2s1kU5n>

Passcode: 0N?7DHC=

### **Videos for Sharing:**

APA's [Youtube channel](#) has a plethora of mental health focused videos you can use on social media or share elsewhere. Check out our playlist of Spanish language mental health explainers:

[https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3\\_c0tpWquvGObsROanF\\_Eb6jqS0eR2](https://www.youtube.com/watch?v=wyBKDUY3d-c&list=PLf3_c0tpWquvGObsROanF_Eb6jqS0eR2)

### **June Course of the Month – Ethical Issues in Treating LGBTQ Patients**

This course reviews historical psychiatric attitudes towards LGBTQ patients that could be construed, at best, as patronizing and, at worst, overtly hostile. This course also outlines some common clinical questions raised by LGBTQ patients—what is known and not known about the origins of homosexuality and transgender expression, sexual orientation conversion efforts, therapist self-disclosure, how therapists should address LGBTQ patients, and controversies surrounding treatment of transgender children—as well as ethical issues raised in these clinical encounters.

[\*\*Click here to access the Course of the Month and sign up for updates about this free member benefit.\*\*](#)

### **Psychiatric News Invites Applications for Medical Editor-in-Chief**

APA members who have administrative experience, are passionate about disseminating news in the field of psychiatry, and are knowledgeable about print and digital communications are invited to apply. The deadline for applications, which should include a vision statement and a curriculum vitae, is **July 19, 2023**.

[LEARN MORE](#)

### **Be a part of APA's Speakers Bureau**

APA is seeking members who are active and engaged in Component activities to be a part of APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. This includes writing blogs on important mental health topics, providing government testimony, and participation in social media events, like Twitter chats, Instagram live, and more.

Members of the APA Speaker's Bureau, as an internal influencer group, will also be asked to amplify APA's voice by promoting public education initiatives via social media and engaging during APA social media events.

Simply scan this QR code to access the speaker's bureau form and add your voice.

**Note:** Any personal information shared is kept **strictly confidential** and only able to be accessed by APA Communications staff. We ask for this information so that we can get a decent picture of who our experts are and make the best match for a given opportunity. Participation in this project does not guarantee that a member will be contacted for a media interview or other public-facing opportunity.

Please contact James Carty ([jcarty@psych.org](mailto:jcarty@psych.org)) with any questions you may have.