

## E-Update for June 9, 2023



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ASSOCIATION

**Medical leadership for mind, brain and body.**

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Marilyn Stewart. Please contact Marilyn at 202-559-3938 or via email: [mstewart@psych.org](mailto:mstewart@psych.org).

### **MATE Act Means Action Needs to be Taken by June 21<sup>st</sup>**

MPA is providing this information to remind you that prior training is applicable but must be attested to in order to be compliant and keep a DEA license after June 27<sup>th</sup>.

**Prescribers of controlled substances in your practice or clinic better need to have eight hours of training or else no opiate pain med for your patients.** Additionally, **you or your prescribers should have received [this letter](#) by now and non-compliance could mean the loss of their DEA license after June 27.** Below is the information regarding how, why, and when this all came about. MPA can also tell you about one program that can help you get in compliance,

**The Mainstreaming (as opposed to Mainlining) Addiction Treatment (MAT) Act updated federal rules that address the public health crisis driven by the opioid epidemic** and empowers all health care providers with a standard controlled medication license to prescribe buprenorphine for opioid use disorder, just as they prescribe other essential medications.

**The Medication Access and Training Expansion (MATE) Act standardizes substance use disorder training to ensure that all prescribers of addictive medications possess baseline knowledge in evidence-based addiction prevention and treatments.** Here's WHO is involved with compliance:

1) The new training requirement under the MATE Act is only for **prescribers with a DEA license that allows them to prescribe controlled substances under schedules II, III, IV, or V.**

2) **This new requirement begins June 21, 2023. This will be for all new applications and first renewal cycle after this date.**

**It is a one-time Substance Use Disorder (SUD) education requirement for DEA prescribers.** Under Section 1263 of the CAA 2023, the one-time SUD education requirement becomes **a condition on a controlled medication prescriber's DEA registration beginning with the first applicable registration. The "first applicable registration" is defined as the first DEA registration or renewal** of the DEA registration by a controlled medication prescriber that occurs on or after the date that is 180 days after the law's enactment.

3) This does not affect any license renewals **between now and June 21, 2023.**

4) Additionally, the MAT Act has **eliminated [the X-Waiver program](#).** Before the MAT Act, the U.S. Drug Enforcement Agency required clinicians who wanted to prescribe buprenorphine for the treatment of opioid use disorder to undergo an extensive training and registration process for the "X-waiver," so named because, upon completion, **an "X" was added to the clinician's DEA registration. This was effective immediately in December 2022.**

5) **There is no new training requirement for prescribers who do not have a DEA number.**

**How do you know if prescribers need to take this course??? Here are some FAQs and a place where prescribers can take this course in their alleged "spare time" and it is Clinical Care Options ("CCO")- compliant.**

**NOTE TO PRACTICE MANAGERS AND BILLERS: you can get paid for this service, once the prescribers are certified.**

- Do all 8 hours have to be completed at once? No. You don't have to complete the course all at once. It can be cumulative across multiple sessions, as long as it totals 8 hours of training on opioid or other substance abuse disorders. The CCO-DEA compliant courses includes slides, audio, and text modules that allow you to take the course at your own pace whenever you or your prescriber want to. **Not only that, I have secured a discounted rate exclusively for my readers. Just click right here.**
- Do I have to complete the training in person?: No. Training can occur in various formats, including classroom settings, seminars at professional society meetings, or virtual offerings. **The CCO DEA compliant courses can be purchased as a live webinar or as an on-demand version (either text or slides with audio). In-person training is available to**

**organizations that meet our criteria. Again, to find out more about a CCO-compliant course, [click here](#).**

- How do you comply, and what are the penalties? To comply with the DEA requirements, you must attest to your completion of **8 hours of training on opioid or other substance abuse disorders**. You will do this by checking a box during your application or reapplication process. Know that if you submit false attestation to the DEA, you could face stiff penalties, including the following warning from the DEA website: 21 USC 843(d), states that any person who knowingly or intentionally furnishes false or fraudulent information in the application is subject to a term of imprisonment of not more than 4 years, and a fine under Title 18 of not more than \$250,000, or both.
- How will the DEA verify my participation in these courses? According to the DEA, prescribers may be asked to show **documentation in the form of a certificate** that the education was taken in advance of their DEA registration.
- Do I need to keep records of completion? It is a good idea to keep records until the next DEA renewal after June 27.
- I have participated in substance abuse courses over the span of my practice. Can I count those courses toward this requirement? Maybe or maybe not. If you have records showing that you completed courses on opioid or other substance abuse disorders and have copies of those certificates, you may be able to claim those for meeting the requirement. If you don't have documentation or those were many years in the past, it would be helpful for your patients for you to be up to date on substance abuse treatments, as those are continually updated. Chances are you may still need additional credits. The CCO DEA compliant courses allows you the flexibility of taking those hours that you still may need for the DEA 8-hour requirement.
- Is there reimbursement for diagnosis and referral of substance abuse disorders? Unlike with many government mandates, there is reimbursement. [Medicare, Medicaid, and private insurance all have reimbursement codes for Screening, Brief Intervention, and Referral to Treatment \(SBIRT\) for substance abuse disorders.](#) The time spent directly with the patient to review their questionnaire and discuss referral and treatment options can be billed. In the "Overview of Substance Abuse" module of the CCO DEA compliant courses, we cover this information and provide you with codes you can use in your practice.
- What do I do if I already have taken several hours of my state requirements? You can count those hours from the state requirement. **The CCO DEA course is flexible in that you can claim up to 8 hours of credit, but you are able to claim less.** We highly recommend that if you have met the state-required pain or controlled substance courses, you take the portion of our course on substance abuse disorders. Chances are you still may need additional credits. The CCO DEA compliant courses

allows you the flexibility of taking those hours that you still may need for the DEA 8-hour requirement.

- Do the CCO DEA compliant courses count toward my state license requirements? Depending on the state, CCO went to great lengths to meet most state requirements. Some states have a specific PDMP and other learning requirements not covered in the course. **Check whether your State requirements have been met when you or your prescriber take the class.**

## CME Addiction Conference Free for MPA Members: Simply Register with QR Code



### About CIDA

The Center for Innovation and Discovery in Addictions (CIDA) is dedicated to understanding, discovering, implementing, and disseminating innovative treatments for people confronting substance use disorders. The Mississippi Horizons project is the latest of CIDA's initiatives. Presented in collaboration with the Mississippi Psychiatric Association and the Mississippi Medical Association.

**Cannabis in Mississippi**  
Thursday, July 13, 8 am—5 pm

- Continuing education available for physicians, psychologists, nurses, & social workers
- Breakfast and lunch provided
- Eagle Ridge Conference Center, Raymond, MS
- Registration \$20

### Speakers Include:

- Daniel Edney, Chief Medical Officer, Mississippi Department of Health
- Robert Welch, Ole Miss Cannabis Research Program
- Steve Maxwell, Director Mississippi Bureau of Narcotics
- Claude Brunson, President, Mississippi Medical Association
- Saurabh Bhardwaj, UMMC Addiction Psychiatrist

For full agenda and to register for the conference, please scan the QR code below.



Conference supported by Congressional Directive Funding administered by SAMHSA. For questions call 601-815-9110

## **Need 20 free CME (including 2.5 ABPN-MOC-2 Self-Assessment) Links Below**

"Improving Clinical Practice with Patients who have Opioid Use Disorder (OUD): Performance in Practice (PIP) and Self-Assessment (SA) Activity." [education.aaap.org/Public/Catalog/...](https://education.aaap.org/Public/Catalog/...)

## **APA Asking Members to Fill Out Survey on EHR's**

This is the link to the quick survey about member experiences with your electronic health records to inform upcoming rulemaking and collaboration with health IT regulators.

The QR code to the survey is below as well as this direct link: <https://survey.alchemer.com/s3/7355698/2023-EHR-Gaps-Analysis>



## **MPA Formed a Virtual Team (Mending Mississippi Minds) for the Moore Equity in Mental Health 5K, July 29<sup>th</sup>; Donate or Join to Support the APA Foundation**

The APA's Division of Diversity and Health Equity invites MPA members to join us in combating mental health inequities facing young people of color and in honoring mental health advocate Bebe Moore Campbell. Your time and dollars can help make a difference for young people of color facing mental health challenges and the impact of systemic racism. Funds raised benefit the APA Foundation Moore Equity in Mental Health Community Grants Program, which supports community organizations that have undertaken innovative awareness programs and/or have provided services to improve the mental health of young people of color.

**Get Social! As you run, walk and roll be sure to share to social media and use our hashtags!**

#MooreEquityInMentalHealth #BebeMooreCampbell

Continue Your Fundraising Until July 31st! Funds benefit [the APAF Moore Equity in Mental Health Community Grants Program](#). Read more about your impact by [clicking here](#).

## **Join the MPA Team by following the link below and clicking on Mending MS Minds:**

<https://runsignup.com/Race/Donate/124289/TopTeamFundraisers>

There is no cost to join our virtual team.

### **Free Virtual Suicide Course Offered to MPA Members**

On Behalf of Alan Schatzberg, M.D. (APA past-president) and myself, we are pleased to announce that the registration is now open for this year's McLean/Stanford suicide course which again is virtual and **free**. As many of you did last year, we would appreciate your passing this link and/or the below announcement to your members.

<https://home.mcleanhospital.org/ce-suicide>

We appreciate your past support of this public service and please let your members know that all presentations are new.

Glad to answer any questions.

### **Douglas Jacobs, MD**

*Associate Professor of Psychiatry, part time, Harvard Medical School*

*Member, Suicide Advisory Committee, McLean Hospital*

*Co-Director-Suicide Focused Assessment and Treatment: An Update for Professionals-October 25, 2023*

<https://home.mcleanhospital.org/ce-suicide>

Phone: 781-591-5221

Email: [drj@djacobsmid.com](mailto:drj@djacobsmid.com)

### **DFAPA Eligibles Need to Contact the DB to Begin Their Applications & Receive Support**

Members eligible for DFAPA should contact the DB to receive assistance and support for their application toward DFAPA in this cycle that is due July 1, 2023. Please email [mpa39206@aol.com](mailto:mpa39206@aol.com) to get started. The designation is a career snapshot from medical school to the present and requires 3 letters of recommendation from current DFAPA in good standing within APA.

### **APA Fellowship Applications Now Accepted**

If you have been on the fence about applying for APA Fellowship, MPA encourages you to do so this year, if you are eligible. Members submit their own applications to become a Fellow of the APA. APA will be reaching out to eligible members through August 2023. Simply follow the link below and fill out the application. It will not take you long and you can become a part of this esteemed group.

**FAPA Application Link (also available on APA website):** <https://fapa.psychiatry.org/>

**Winter 2023 Edition of the Journal of the MS Psychiatric Association** We thank Journal Editor, Dr. Jared Taylor for his dedication and service to this publication as this was his last edition serving as Editor. If any MPA member is interested in joining the committee, please contact the MPA office at [mpa39206@aol.com](mailto:mpa39206@aol.com).

<https://mydigitalpublication.com/publication/?m=63684&l=1>

### **THREE THINGS TO KNOW ABOUT: MAINTENANCE OF MEDICAL RECORDS**

Written by

Professional Risk Management Services® (PRMS®)



1. Psychiatrists should review and be familiar with statutory, regulatory, and contractual obligations regarding records creation, retention, and discarding. In addition to federal law, including HIPAA, most states have statutes and/or regulations governing the creation, maintenance, and discarding of patient records. Even when such requirements are absent, it is the standard of care to create and maintain a record for each patient. The safest and most conservative option is to never destroy patient records.
2. Absent state and/or federal or contractual requirements, legal experts advise keeping records indefinitely and, at a minimum, until well after your state's statute of limitations for medical malpractice and/or statute of repose have run. The American Health Information Management Association (AHIMA) recommends that records be held for at least 10 years.
3. Part of your medical record policies and procedures should include a log of destroyed records, including what records were destroyed, how and when they were destroyed, the inclusive dates covered, what method of destruction was used, a statement that the records were destroyed in the normal course of business, and the signatures of the individuals supervising and witnessing the destruction. Maintain destruction documentation permanently.

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**Twitter Accounts of Interest** Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

- Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)
- MPA Main account: [@MSPsychiatrist](https://twitter.com/MSPsychiatrist)

**Facebook Pages of Interest**

- Main account: [American Psychiatric Association](https://facebook.com/AmericanPsychiatricAssociation)
- Healthy Minds: [APA Healthy Minds](https://facebook.com/APAHealthyMinds)
- MPA Main Account: [Mississippi Psychiatric Association](https://facebook.com/mississippipsychiatricassociation)

## LinkedIn

- [American Psychiatric Association](#)
- [Mississippi Psychiatric Association](#)

## DMH 52 Weeks of Progress

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. **This week, we highlight WRAP and IMR.**

Mississippi's four state hospitals use Wellness Recovery Action Plans (WRAP) and Individual Management and Recovery (IMR) to help people receiving services there learn about their illness, develop coping strategies for their symptoms, identify ways to maintain their wellness, and develop a plan to stay on track with their goals. **In the first half of FY23, approximately 74.5% of patients discharged from a state hospital began either a WRAP or an IMR program prior to discharge.** Both programs are evidence-based practices that emphasize goal setting and action strategies for recovery.

## PAST AND UPCOMING TRAININGS & RECORDINGS:

Thanks to all who have attended the first two webinars on communications! We are planning these for the second Tuesday of every other month at 3 pm, as live and recorded webinars. These are open to any APA member, but specifically geared to those who are active in their DB/SAs.

*Next up:* June 13, 3 pm

Media Relations 101 with Senior Media Relations Manager Erin Connors

Register: [https://us06web.zoom.us/webinar/register/WN\\_RVTc7epLRaShRc-d797sYq](https://us06web.zoom.us/webinar/register/WN_RVTc7epLRaShRc-d797sYq) Recordings: Social Media for Organized

Psychiatry: <https://us06web.zoom.us/rec/share/mjz5c86fOi7bZzqG6NpqVSRFNd9pE2TGvhFgMWpmsyJm9zqOzh-cYhBZjPWH8-0.nkjSdBy6TGH7oN-T>

Passcode: q3tf@A##

APA Storytelling for Communications:

<https://us06web.zoom.us/rec/share/GIQpQ-N1T8LY2CE5w2Cmw-eYoBLY3jEi1MjRHIOZ5ET7Ct2nb7NApsFu7WBG1Fhi.Q719eE2le2s1kU5n>

Passcode: 0N?7DHc=

## JOB OPPORTUNITY

North Mississippi State Hospital is looking to hire a Psychiatrist II. Salary range is \$151, 566 to \$198, 930 with a required MS license, Board Certification and 0-3 years of experience.

Interested candidates may apply for this position on our webpage at [www.nmsh.state.ms.us](http://www.nmsh.state.ms.us) or SPB website at [www.mspb.ms.gov](http://www.mspb.ms.gov).

The steps are as follows:

1. Type in your search bar: [www.nmsh.state.ms.us](http://www.nmsh.state.ms.us)
2. Click Employment



3. Click on the position that you are interested in
4. It will direct you to the position for you to apply
5. Then follow the same directions for the MSPB website listed below

OR

1. Type in your search bar: [www.mspb.ms.gov](http://www.mspb.ms.gov)
2. Click Mississippi Careers
3. Click Job Openings
4. Scroll to the desired position
5. Click on the desired position title
6. Click Apply
7. Log in using your username or Email and password
8. Click Sign In
9. Complete all required information
10. Click Submit

Gwen Morris-Isom, North Mississippi State Hospital Phone:(662) 690-4240 Fax: (662) 690-5744