

E-Update October 12, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in [royal blue](#) contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Doneisha Berryman. Please contact Doneisha at 202-459-9749 or [dberryman@psych.org](mailto:dberryman@psych.org).

### MPA Members Attending Southern Psychiatric Association Meeting in Alabama



Several MPA members are attending the joint Southern Psychiatric Association and Alabama Psychiatric Physicians Association meeting in Huntsville, AL. Dr. Phil Scurria, CME Chair for SPA, put together a robust agenda for the meeting, which included a speaking presentation by MPA Assembly Rep, Dr. Chasity Torrence, who shared her experience as an Early Career Psychiatrist experiencing an audit by ABPN. Many MPA members are attending the meeting from October 12-14, 2023. More photos will be shared on MPA social media platforms and in next week's e-update. The title of the meeting is "The Future of Psychiatric Practice: Exploring New Worlds" and the agenda includes a reception at the U.S. Space and Rocket Center this evening. Six Residents from the Mississippi State Hospital Residency program are participating in the meeting with some presenting at today's poster competition.

### MPA Members Attending APA Advocacy Conference

Doctors Katherine Pannel and Chanda Miller will represent MPA next week at the Federal Advocacy Conference, which is a unique opportunity for psychiatrists to lobby members of Congress on issues that affect their practice and patients. Their schedule will consist of **Advocacy Training**: Monday, October 16, Noon - 5:30 p.m. EDT and **Meetings with Lawmakers**: Tuesday, October 17, 9:00 a.m. - 5:00 p.m. EDT. We are honored to have them in Washington for this important visit on the Hill. We look forward to hearing their feedback after meetings with Mississippi members of Congress. More to come!



## APA Issues Statement on Terrorist Attacks in Israel

On Wednesday APA [issued a statement](#) about the events that are occurring in Israel and the Gaza strip.

“Innocent civilians should never have to endure the violence and chaos that happened last weekend. APA sends our support to all those affected in Israel and around the world. We mourn those who were lost and call for the immediate return of all hostages to their families. The scale of this terrorist act and the harm it is causing is unfathomable,” the statement said.

“Antisemitism and all forms of prejudice and hatred are unacceptable, and we stand with the Jewish people, now and as always. The brutalities of Hamas must end. It is our firm hope that one day we can see peace between the Israelis and Palestinians and an end to the violence in the Middle East.”

APA has also made available [resources](#) for individuals whose mental health may be impacted by these events.

For related information, see the *Psychiatric Services* article [“Naturalistic Study of Posttraumatic Stress Disorder Among Israeli Civilians Exposed to Wartime Attacks.”](#)



*MPA Members enjoy some Top Golf last night in Huntsville, AL while attending the SPA meeting*

## Newest E-update Column Features MPA Members on social media platforms

MPA is highlighting a member or members each week via a repost of social media. Follow us on FB or X and LinkedIn. If you have something exciting to share, tag MPA in the original post and we will happily reshare!

Life keeps happening & I sure am counting my blessings—I've got some exciting news 🌟 many of you know how passionate I am about leadership, advocacy, teaching, & patient care 🧠 this rural Mississippi girl is truly humbled and honored to be selected for such a prestigious and competitive fellowship opportunity—The American College of Psychiatrists Laughlin Fellowship Program 🧡 "The Laughlin Fellows are chosen from an elite pool of applicants deemed likely to make a significant contribution to the field of psychiatry. Fellows are considered on demonstrating leadership and unique qualities, clinical excellence, dedication to teaching, community service and research and scholarly attainment." The College selects 12 residents or fellows in total across the United States and Canada. I am very excited to learn, grow as a leader, and continue to build my network. I'm so proud to represent my home—Mississippi is on the map & I'm so grateful to my support system. Cheers to opportunity & creating a better tomorrow ✨



**Congratulations Dr. Patel on this prestigious honor in the Laughlin Fellowship Program of the American College of Psychiatrists!**

## THREE THINGS TO KNOW ABOUT: TELEPHONE COMMUNICATION

Written by  
Professional Risk Management Services® (PRMS®)

1. Provide information about how often messages are checked and when callers can expect a response. For example, if a patient calls on Friday afternoon, can they expect a call back that day or will they need to wait until Monday? This type of information allows patients to make decisions about what additional or alternative actions they may need to take.
2. Always ask a patient what number you may use to contact them and whether you may leave a message. If the number provided is to a telephone shared by others, when leaving messages, include only your name (without “doctor”), a request to call you, and your number.
3. Make sure patients can access after-hours coverage, when necessary. You can use either a voicemail system or an answering service. A mechanical system can instruct callers about how to contact the covering psychiatrist or automatically page them when messages are left. Any system in which you have to check messages every few hours around the clock is unrealistic and, probably, unsatisfactory.

### Attention: ECT Providers in the State

If you offer ECT services and are willing to take referrals from colleagues, please alert the MPA Office so we can connect you with the appropriate parties looking to assist their patients. Email the office at [mpa39206@aol.com](mailto:mpa39206@aol.com) please.

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**X Accounts of Interest** Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

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- Main account: [American Psychiatric Association](#)
- Healthy Minds: [APA Healthy Minds](#)
- MPA Main Account: [Mississippi Psychiatric Association](#)

### LinkedIn

- [American Psychiatric Association](#)
- [Mississippi Psychiatric Association](#)

### 52 Weeks of Progress from the DMH

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. **This week, we highlight Peer Bridgers.**

Peer Bridgers are a Certified Peer Support Specialist trained to help bridge the gap between state hospitals and the community. These peer support specialists connect patients at state hospitals with other Peer Bridgers at Community Mental Health Centers to make connections with community services and encourage follow-up care and continuity of services. **During FY23, 691 people served at state hospitals had bridging meetings that included the individual, a Peer Bridger at the hospital, and a Peer Bridger at the CMHC.** DMH has made funding available for Peer Bridgers at all four state hospitals and each of the 11 Community Mental Health Centers.

### What's New at the APA

APA celebrated one year since the launch of [LaSaludMental.org](#), APA's bilingual Spanish/English portal for evidence-based information and resources on mental health and substance use disorders. Four additional pages have been added to the site since launch, with content covering E-Cigarettes and Vaping, Attention-Deficit/Hyperactivity Disorder (ADHD), Posttraumatic Stress Disorder (PTSD), and Opioid Use Disorder (OUD). Read more about LaSaludMental.org in [English](#) or [Spanish](#).

### Videos for Sharing:

APA's [Youtube channel](#) has a plethora of mental health focused videos you can use on social media or share elsewhere. APA recently released an animated explainer video on opioid use disorder in both [English](#) and [Spanish](#). Check out our [playlist](#) to view and share all our Spanish language mental health videos.

## **October Course of the Month – Neurobiology and Treatment of Post-Traumatic Stress Disorder**

Post-traumatic stress disorder (PTSD) is a disabling serious psychiatric illness which has been increasing in prevalence in recent years. This course will describe the diagnosis, epidemiology, pathophysiology and treatment of PTSD, with an emphasis on evidence-based treatments.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

## **Register Now for the 2023 Mental Health Services Conference**

Join hundreds of mental health professionals already registered in forging the future of collaborative care. Taking place in-person October 12-14 in Washington, D.C., this is a conference of connecting, credit earning, and collaborating for the entire care team. Don't miss out – space is limited.

## **[REGISTER TODAY](#)**

## **Nominations open for new Council on Women's Mental Health**

APA's Board of Trustees recently approved the creation of a Council on Women's Mental Health. The council will centralize APA's work related to women's mental health and serve as a source of information, guidance, and support for other APA components. [Nominations are open for APA members](#) until Nov. 15.

## **Silent Storms: Unraveling Perinatal Mental Health: On-Demand Webinar Available to Enhance Care during Perinatal Period**

An On-Demand webinar is now available on the topic of mental health during the perinatal period, open to all. Viewers will learn about SMIs specific to this phase, their risk factors, and strategies for awareness and destigmatization.

## **[REGISTER HERE](#)**

## **@theAPA November Event:**

Mark your calendars for November 17 to join us at APA Headquarters for the **Child and Adolescent Psychiatry Update**. This second event of our new immersive learning series will provide an update on the five critical domains relevant to practicing psychiatrists and primary care physicians. Don't miss this opportunity to stay informed and enhance your professional expertise. [Sign up for Updates.](#)

## **Be a part of APA's Speakers Bureau**

APA is seeking members who are active and engaged in Component activities to be a part of APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's

bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. This includes writing blogs on important mental health topics, providing government testimony, and participation in social media events, like Twitter chats, Instagram live, and more.

Members of the APA Speaker's Bureau, as an internal influencer group, will also be asked to amplify APA's voice by promoting public education initiatives via social media and engaging during APA social media events.

Simply scan this QR code to access the speaker's bureau form and add your voice.



**Note:** Any personal information shared is kept **strictly confidential** and only able to be accessed by APA Communications staff. We ask for this information so that we can get a decent picture of who our experts are and make the best match for a given opportunity. Participation in this project does not guarantee that a member will be contacted for a media interview or other public-facing opportunity.

Please contact James Carty ([jcarty@psych.org](mailto:jcarty@psych.org)) with any questions you may have.