

**E-Update October 20, 2023**



**Medical leadership for mind, brain and body.**

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Doneisha Berryman. Please contact Doneisha at 202-459-9749 or [dberryman@psych.org](mailto:dberryman@psych.org).

### **MPA Members Attended Southern Psychiatric Association Meeting in Alabama**



Several

MPA members attended the joint Southern Psychiatric Association and Alabama Psychiatric Physicians Association meeting in Huntsville, AL. An estimated 100 plus attendees were a part of the three-day meeting. Dr. Phil Scurria, CME Chair for SPA, put together a superb agenda for the meeting, which included a presentation by MPA Assembly Rep, Dr. Chasity Torrence, who shared her experience as an Early Career Psychiatrist experiencing an audit by ABPN. MPA was well represented at the meeting from October 12-14, 2023. The title of the meeting was "The Future of Psychiatric Practice: Exploring New Worlds and the agenda includes a reception at the U.S. Space and Rocket Center this evening. Attendees utilized the backdrop of the US Rocket Center during

programs and social activities. Six Residents from the Mississippi State Hospital Residency program participated in the meeting with some presenting during the poster competition. MPA member Vince Liberto, who is an SPA Past President, enjoyed his fellowship with long time friends and we appreciate his continued service to the group in his retirement.

**MPA Members Make Voices Heard on Capitol Hill for the APA Advocacy Conference**

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**Sen. Roger Wicker (R) [MS]**  
 8:30 AM EDT  
ⓘ This is an in-person meeting
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**Sen. Katie Britt (R) [AL]**  
 9:30 AM EDT  
ⓘ This is an in-person meeting
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**Sen. Cindy Hyde-Smith (R) [MS]**  
 10:00 AM EDT  
ⓘ This is an in-person meeting
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**Sen. Tommy Tuberville (R) [AL]**  
 11:30 AM EDT  
ⓘ This is an in-person meeting
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**Rep. Trent Kelly (R) [MS-01]**  
 1:00 PM EDT  
ⓘ This is an in-person meeting
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**Rep. Gary Palmer (R) [AL-06]**  
 3:00 PM EDT  
ⓘ This is an in-person meeting
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Doctors Katherine Pannel, Chanda Miller and Avani Patel represented MPA earlier this week at the Federal Advocacy Conference, which was a unique opportunity for psychiatrists to lobby members of Congress on issues that affect their practice and patients. We were so pleased to have them in Washington for this important visit to the Hill. They had a full schedule despite the House leadership votes taking place on Tuesday. Both MS Senators Roger Wicker and Cindy Hyde-Smith welcomed their discussion of mental health issues and concerns in the positive encounters. They made the best of a difficult situation with the war in Israel and the House of Rep leadership nominations happening simultaneously.



MPA continues to build on the important relationships that must exist with our Mississippi delegation. We thank all three for recognizing how important advocacy is and taking time from their hectic schedules to represent the DB.



Such a special group of leaders —  
 @mr\_rawle , Craig Obey, Dr. Kiki Kennedy,  
 Dr. @raychsiao , & Dr. @saullevinmd



**Newest E-update Column Features MPA Members on social media platforms**

MPA is highlighting a member or members each week via a repost of social media. Follow us on FB or X and LinkedIn. If you have something exciting to share, tag MPA in the original post and we will happily reshare!

That's a wrap on the 2023 SPA Annual Meeting. We had a great group attend and we also had three poster presentations. Great job, residents!  
[#mshpsychiatry](#)

**THREE THINGS TO KNOW ABOUT: SPLIT TREATMENT**

Written by  
 Professional Risk Management Services® (PRMS®)

1. Whereas once it was the psychiatrist who alone provided both therapy and medication management, today split treatment arrangements, where a psychiatrist provides pharmacotherapy and a non-medical therapist provides psychotherapy, have become much more common. In such arrangements, psychiatrists frequently find that they have substantially less control over their patients' overall treatment than they did in more traditional arrangements.



2. If the patient is high-risk, it is particularly important to ensure that the therapist is up to the task of dealing with a complex patient. It is not inappropriate to inquire as to his/her experience level and prior training as well as licensure and malpractice coverage.
3. There should be an agreement between the psychiatrist and the therapist as to how they will communicate, how often they will communicate, and what information will be shared. They should also determine whether there will be certain events/situations that will trigger contact for example, missed appointments, medication changes, or reports of suicidal ideation.

### **Attention: ECT Providers in the State**

If you offer ECT services and are willing to take referrals from colleagues, please alert the MPA Office so we can connect you with the appropriate parties looking to assist their patients. Email the office at [mpa39206@aol.com](mailto:mpa39206@aol.com) please.



### **PRMS**

Manager of The Psychiatrists' Program  
Medical Professional Liability Insurance for Psychiatrists  
1-800-245-3333  
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LinkedIn: [LinkedIn.com/company/PRMSprograms](https://linkedin.com/company/PRMSprograms)

**X Accounts of Interest** Main account: [@APAPsychiatric](https://twitter.com/APAPsychiatric)

- Healthy Minds: [@APAHealthyMinds](https://twitter.com/APAHealthyMinds)
- MPA Main account: [@MSPsychiatrist](https://twitter.com/MSPsychiatrist)

### **Facebook Pages of Interest**

- Main account: [American Psychiatric Association](https://facebook.com/AmericanPsychiatricAssociation)
- Healthy Minds: [APA Healthy Minds](https://facebook.com/APAHealthyMinds)
- MPA Main Account: [Mississippi Psychiatric Association](https://facebook.com/MississippiPsychiatricAssociation)

### **LinkedIn**

- [American Psychiatric Association](https://linkedin.com/company/AmericanPsychiatricAssociation)

□ [Mississippi Psychiatric Association](#)

### **New Job Opportunities**

Ridgewood Clinic is looking to add a psychiatrist in growing outpatient practice in Jackson Mississippi. If you have an interest in private practice, we can offer you a year's competitive salary and after that sharing office expenses. It may take 6 months for credentials to be approved by the insurance company, but if you have already been approved by the insurance company in Mississippi we can immediately start. If you are interested, you can call me at 601-954-2366. **Krishan K Gupta MD, Diplomat ABPN**

### **What's New at the APA**

APA celebrated one year since the launch of [LaSaludMental.org](#), APA's bilingual Spanish/English portal for evidence-based information and resources on mental health and substance use disorders. Four additional pages have been added to the site since launch, with content covering E-Cigarettes and Vaping, Attention-Deficit/Hyperactivity Disorder (ADHD), Posttraumatic Stress Disorder (PTSD), and Opioid Use Disorder (OUD). Read more about LaSaludMental.org in [English](#) or [Spanish](#).

### **October Course of the Month – Neurobiology and Treatment of Post-Traumatic Stress Disorder**

Post-traumatic stress disorder (PTSD) is a disabling serious psychiatric illness which has been increasing in prevalence in recent years. This course will describe the diagnosis, epidemiology, pathophysiology and treatment of PTSD, with an emphasis on evidence-based treatments.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

### **REGISTER TODAY**

### **Nominations open for new Council on Women's Mental Health**

APA's Board of Trustees recently approved the creation of a Council on Women's Mental Health. The council will centralize APA's work related to women's mental health and serve as a source of information, guidance, and support for other APA components. [Nominations are open for APA members](#) until Nov. 15.

### **Silent Storms: Unraveling Perinatal Mental Health: On-Demand Webinar Available to Enhance Care during Perinatal Period**

An On-Demand webinar is now available on the topic of mental health during the perinatal period, open to all. Viewers will learn about SMIs specific to this phase, their risk factors, and strategies for awareness and destigmatization.

### **REGISTER HERE**

## @theAPA November Event:

Mark your calendars for November 17 to join us at APA Headquarters for the **Child and Adolescent Psychiatry Update**. This second event of our new immersive learning series will provide an update on the five critical domains relevant to practicing psychiatrists and primary care physicians. Don't miss this opportunity to stay informed and enhance your professional expertise. [Sign up for Updates.](#)

## Be a part of APA's Speakers Bureau

APA is seeking members who are active and engaged in Component activities to be a part of APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. This includes writing blogs on important mental health topics, providing government testimony, and participation in social media events, like Twitter chats, Instagram live, and more.

Members of the APA Speaker's Bureau, as an internal influencer group, will also be asked to amplify APA's voice by promoting public education initiatives via social media and engaging during APA social media events.

Simply scan this QR code to access the speaker's bureau form and add your voice.



**Note:** Any personal information shared is kept **strictly confidential** and only able to be accessed by APA Communications staff. We ask for this information so that we can get a decent picture of who our experts are and make the best match for a given opportunity. Participation in this project does not guarantee that a member will be contacted for a media interview or other public-facing opportunity.

Please contact James Carty ([jcarty@psych.org](mailto:jcarty@psych.org)) with any questions you may have.