

E-Update October 27, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Doneisha Berryman. Please contact Doneisha at 202-459-9749 or dberryman@psych.org.

MPA Executive Director Speaks to UMMC Dept of Psychiatry Residents



MPA Executive Director, Angela Ladner, was invited to address the Residents at UMMC on Wednesday afternoon. Ladner spoke about the dual membership in APA and MPA and how to best utilize all the opportunities for Residents in both organizations. One of the topics covered was **APA/APAF Fellowship** offered through the APA Foundation. November 1st is the opening day of applications for those fellowships and all MPA Residents are encouraged to apply. She also encouraged each person to consider attending the MPA/LPMA Annual Meeting in Baton Rouge, LA March 1-3, 2024, at the Marriott. There will be a poster session with the opportunity to showcase research or a case report. Additionally, all Residents are encouraged to take advantage of the free membership offered to students and Residents through the Mississippi State Medical Association (MSMA). Follow the link below to claim your free membership, which opens the ability to serve as Doctor of the Day at the MS State Capitol. All Residents are invited to come to the Capitol and join Mrs. Ladner to learn more about the legislative process & advocate for psychiatry. https://www.msmaonline.com/Public/Public/M/StudentResident/Students_and_Residents_Home.aspx?hkey=ebce19fb-be73-48ba-ba93-17592b336a46

Newest E-update Column Features MPA Members on social media platforms

MPA is highlighting a member or members each week via a repost of social media. Follow us on FB or X and LinkedIn. If you have something exciting to share, tag MPA in the original post and we will happily reshare!

We're blessed with some amazing faculty members here at our program. Last week during Grand Rounds, we realized that we had SEVEN former Chief Residents along with our very own Chief, Dr. Sadler. What an impressive group! From left to right: John Sadler, DO, Thomas Recore, MD, Stephen Smith, MD, Jon Corey Jackson, MD, Chanda Miller, MD, Jeffrey Ali, MD, John Norton, MD, Robert Maddux, MD.



DMH 52 Weeks of Progress

This week we are playing catch up and have two weekly highlights to share. Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. **This week, we**

highlight the Certified Community Behavioral Health Clinic planning grant and the CHOICE Housing Program.

Mississippi was one of 15 states awarded \$1 million from the Substance Abuse and Mental Health Services Administration to establish a Certified Community Behavioral Health Clinic (CCBHC) program. This endeavor aims to provide a comprehensive range of services pertaining to mental health and substance use treatment. It is an integral part of a broader nationwide initiative dedicated to enhancing the quality of mental health and substance use treatment across the country. CCBHCs are unique in their commitment to serving all individuals who seek assistance, irrespective of their diagnosis or insurance coverage. These clinics actively involve various stakeholders and mental health service users, including young people, families, and community leaders. Their valuable input contributes to the development of a personalized and adaptable approach to care, ultimately ensuring that the specific needs of the people of Mississippi are met effectively and efficiently.

The CHOICE Housing Program aims to make housing more affordable and accessible for Mississippians who are struggling with serious mental illness. In the past fiscal year, referrals were handled by Mississippi United to End Homelessness (MUTEH) and Open Doors, with Community Mental Health Centers providing services to participants. CHOICE ensures people with a serious mental illness can live in the most integrated settings in the communities of their choice by providing an adequate array of community supports and services. While CHOICE provides the assistance that makes the housing affordable, local Community Mental Health Centers provide the appropriate services. During FY23, a total of 236 people were served by CHOICE, and approximately 2% of those served were readmitted to state hospital.

THREE THINGS TO KNOW ABOUT: SUICIDE

Written by

Professional Risk Management Services® (PRMS®)

1. If a patient reports a history of suicide attempts or ideation, make certain that you obtain past treatment records if possible. If you are unable to obtain records, document your efforts to do so. Plaintiff attorneys often cite a psychiatrist's failure to obtain past treatment records in post-suicide lawsuits.
2. Make certain that your records reflect what treatment options/actions were considered, what options/actions were chosen and why, and what options/actions were rejected and why. In the event of litigation, it is important to your defense that your record reflects your clinical judgment and choices, the knowledge and skill you exercised during treatment, a contemporaneous assessment of the patient's needs and behaviors, revisions to the treatment plan, and explanations of your decisions.
3. Never agree to treat a suicidal patient in a split treatment relationship if you are uncomfortable working with the other treater. When managing a suicidal patient, it is imperative that psychiatrist and therapist are able to work as a team. In the best case scenario, split-treatment can enhance care and patient safety as it allows for closer patient

monitoring using the separate expertise of two skilled clinicians; however, when clinicians do not work well together, both patient and clinicians are put at risk.



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- MPA Main Account: [Mississippi Psychiatric Association](https://facebook.com/MississippiPsychiatricAssociation)

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- [Mississippi Psychiatric Association](https://linkedin.com/company/MississippiPsychiatricAssociation)

New Job Opportunities

- 1) Ridgewood Clinic is looking to add a psychiatrist in growing outpatient practice in Jackson Mississippi. If you have an interest in private practice, we can offer you a year's competitive salary and after that sharing office expenses. It may take 6 months for credentials to be approved by the insurance company, but if you have already been approved by the insurance company in Mississippi we can immediately start. If you are interested, you can call me at 601-954-2366. **Krishan K Gupta MD, Diplomat ABPN**
- 2) MPA Colleagues - I am the U.S. Department of State recruiter for Louisiana, Mississippi, Arkansas, and Oklahoma. I would like to highlight job openings for our Regional Medical Officer Psychiatrist positions. These positions are located overseas in a U.S. Embassy,

location dependent on needs of the service. Link as follows: <https://www.usajobs.gov/job/756292700> - please find attached a .pdf of the detailed Job Summary, Duties, and Requirements.

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What's New at the APA

APA celebrated one year since the launch of LaSaludMental.org, APA's bilingual Spanish/English portal for evidence-based information and resources on mental health and substance use disorders. Four additional pages have been added to the site since launch, with content covering E-Cigarettes and Vaping, Attention-Deficit/Hyperactivity Disorder (ADHD), Posttraumatic Stress Disorder (PTSD), and Opioid Use Disorder (OUD). Read more about LaSaludMental.org in [English](#) or [Spanish](#).

October Course of the Month – Neurobiology and Treatment of Post-Traumatic Stress Disorder

Post-traumatic stress disorder (PTSD) is a disabling serious psychiatric illness which has been increasing in prevalence in recent years. This course will describe the diagnosis, epidemiology, pathophysiology and treatment of PTSD, with an emphasis on evidence-based treatments.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

REGISTER TODAY

Nominations open for new Council on Women's Mental Health

APA's Board of Trustees recently approved the creation of a Council on Women's Mental Health. The council will centralize APA's work related to women's mental health and serve as a source of information, guidance, and support for other APA components. [Nominations are open for APA members](#) until Nov. 15.

Silent Storms: Unraveling Perinatal Mental Health: On-Demand Webinar Available to Enhance Care during Perinatal Period

An On-Demand webinar is now available on the topic of mental health during the perinatal period, open to all. Viewers will learn about SMIs specific to this phase, their risk factors, and strategies for awareness and destigmatization.

REGISTER HERE

@theAPA November Event:

Mark your calendars for November 17 to join us at APA Headquarters for the **Child and Adolescent Psychiatry Update**. This second event of our new immersive learning series will provide an update on the five critical domains relevant to practicing psychiatrists and primary care physicians. Don't miss this opportunity to stay informed and enhance your professional expertise. [Sign up for Updates.](#)

Be a part of APA's Speakers Bureau

APA is seeking members who are active and engaged in Component activities to be a part of APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. This includes writing blogs on important mental health topics, providing government testimony, and participation in social media events, like Twitter chats, Instagram live, and more.

Members of the APA Speaker's Bureau, as an internal influencer group, will also be asked to amplify APA's voice by promoting public education initiatives via social media and engaging during APA social media events.

Simply scan this QR code to access the speaker's bureau form and add your voice.



Note: Any personal information shared is kept **strictly confidential** and only able to be accessed by APA Communications staff. We ask for this information so that we can get a decent picture of who our experts are and make the best match for a given opportunity. Participation in this project does not guarantee that a member will be contacted for a media interview or other public-facing opportunity.

Please contact James Carty (jcarty@psych.org) with any questions you may have.