

E-Update October 6, 2023



Medical leadership for mind, brain and body.

The weekly E-update is the tool by which MPA members can share information or announcements with each other. It is a member benefit and the mechanism by which MPA shares important notices regarding trends in psychiatry, pharmaceutical updates, information about your medical practice, advocacy, your opinions, and job opportunities. Members are encouraged to make the content their own. Please submit items for weekly publication by Thursday at 5pm. Your email addresses are protected by the DB and not for sale or use by any other entity besides the DB. Content should be pertinent to the practice of psychiatry or related medical information. Review the E-update highlighted titles and attachments for content and action steps. We value your input and attention to your specialty! Any item that appears in **royal blue** contains a link for detailed information on the topic. Questions regarding membership status are referred to our APA Membership Coordinator, Doneisha Berryman. Please contact Doneisha at 202-459-9749 or dberryman@psych.org.

Central Psychiatrists Chosen for Expanded Leadership Roles



River Hills was the location for the meeting of the Central Medical Society on Tuesday evening. Pictured from left are Doctors Mark Ladner, Chasity Torrence, Corey Jackson, Andy Bishop, Hannah Richard and Tyler Menzies representing the specialty. The featured speaker was Dr. John Mitchell, MSMA President who shared his thoughts on the association, its mission and data across the state on current involvement. He is traveling to other state societies to educate them on priorities of the MSMA and what can be expected in the future.

The Executive Board for Central held their nominating committee meeting and announced Dr. Chasity Torrence as Vice President and Dr. Corey Jackson as the Rankin County Rep to the board. Congrats to these MPA members for their service! If you wish to receive more information on joining the group, please contact Becky Wells at the MSMA Office as she is the Exe Director for Central Medical Society. Student and Resident memberships in MSMA are complimentary at no cost. Follow the link for free membership: https://www.msmaonline.com/Public/Public/M/StudentResident/Students_and_Residents_Home.aspx?hkey=ebce19fb-be73-48ba-ba93-17592b336a46

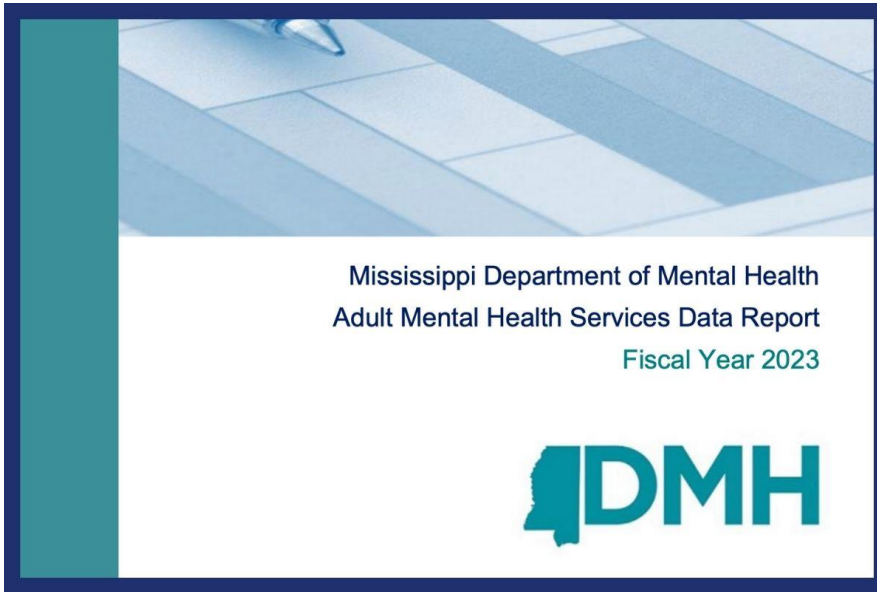
Newest E-update Column Features MPA Members on social media platforms

MPA will be highlighting a member or members each week via a repost of social media. Follow us on FB or X and LinkedIn. If you have something exciting to share, tag MPA in the original post and we will happily reshare! Today's 1st edition showcases Doctors DeLeon, Kothari and Adams who were visiting local Jackson Public Schools to recruit for the UMMC Insight Summer Enrichment Program. What a great opportunity to help underrepresented racial or ethnic groups understand what it takes to pursue a career in medicine. Dates for the next program are June 10-21, 2024 from 9:30 am to 3:30 pm. There are 20 slots available for age 16-18.



Liked by smooore_16 and 42 others

ummcpshres Drs. DeLeon, Kothari, and Adams visiting local Jackson Public Schools to recruit for the UMMC Insight Summer Enrichment Program!
<https://www.umm.edu/som/Students/Career%20Advising%20Resources/Insight.html>



On October 2, the Mississippi Department of Mental Health (DMH) released its [data report for adult services for the fiscal year 2023](#). A fiscal year is the twelve-month funding cycle for an agency. The DMH's fiscal year is from July 1 to June 30, so this report covers July 1, 2022, to June 30, 2023.

DMH reports progress on ensuring they accurately report data and don't accidentally count a single service episode more than once.

The report covers data on these core services the DMH requires the community mental health centers (CMHCs) to provide:

- ✓ Mobile Crisis Response Teams
- ✓ Crisis Residential Services (also referred to as Crisis Stabilization Units or CSUs)
- ✓ Programs of Assertive Community Treatment Teams (PACT)
- ✓ Intensive Community Outreach and Recovery Teams (ICORT)
- ✓ Intensive Community Support Services (ICSS)
- ✓ Permanent Supported Housing
- ✓ Supported Employment
- ✓ Peer Support Services and
- ✓ Community Support Services (CSS)

The report focuses on the number of people who received each service, and this data is typically broken down by mental health regions and sometimes by county. The information does not include how people evaluated the services or if the services helped people meet their goals in the community. Although we didn't look at the data in depth, we noticed a possible trend that CMHCs with a higher percentage of responding to crisis calls in person also seem to utilize emergency rooms and jails less often.

The report covers state hospital commitments and community crisis-stabilization unit admissions. Commitments to state hospitals decreased from 2774 to 2606. A little over a third of those admissions were from the same level of care (for example, from a private psychiatric hospital where insurance would no longer cover the stay). Crisis stabilization unit admissions increased from 3108 to 3402, which could explain why state hospital commitments decreased.

The number of people in jail waiting for a bed after being committed increased from 734 to 812 between 2022 and 2023, but the average length of time people in jail waited for a bed decreased.

The report does not include people in jail who haven't been charged with a crime or civilly committed.

[Read the 2023 report](#) and the [2022 report](#) as a means of comparison.

DMH was initially required to collect and report this data as a condition of the settlement agreement by the U.S. Justice Department. MPA commends the DMH for publishing this report.

Attention: ECT Providers in the State

If you offer ECT services and are willing to take referrals from colleagues, please alert the MPA Office so we can connect you with the appropriate parties looking to assist their patients. Email the office at mpa39206@aol.com please.

THREE THINGS TO KNOW ABOUT: SOCIAL MEDIA

Written by
Professional Risk Management Services® (PRMS®)

1. State licensing boards can and have disciplined physicians for inappropriate online behavior. This includes depictions of such things as excessive drinking and suggestive content as well as misrepresentation of credentials.
2. It's a good idea to do a search of yourself using all potential variations of your name to determine what information may be seen by others. Clean up your social media pages and ask friends to remove anything that might cause professional embarrassment.
3. The Federation of State Medical Board's (FSMB) *Model Policy Guidelines for the Appropriate Use of Social Media and Social Networking in Medical Practice* is an excellent tool for ensuring that you and your staff utilize social media in such a way as ensure professionalism and limit liability exposure.

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- MPA Main Account: [Mississippi Psychiatric Association](#)

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52 Weeks of Progress from the DMH

Each week this year, DMH will be highlighting a specific service or program to increase awareness of services and supports available across Mississippi. Our hope is by the end of 2023, you will know more about offerings in your state through seeing these highlights - 52 Weeks of Progress. **This week, we highlight acute psychiatric services at the four state hospitals.**

Mississippi has four state hospitals with a total of 320 acute psychiatric beds – Mississippi State Hospital in Rankin County, East Mississippi State Hospital in Meridian, South Mississippi State Hospital in Purvis, and North Mississippi State Hospital in Tupelo. The hospitals provide acute psychiatric services through the civil commitment process to people in need of treatment, though the goal is to utilize these services only when absolutely needed. The hospitals focus on a range of evidence-based and best practices and have enhanced the discharge planning process with community providers. **In FY23, there were 1,965 admissions to acute psychiatric services, an 11% decrease compared to 2,212 admissions FY19, the last full year before the pandemic. According to numerous studies, the 30-day national readmission rates range from 13.9% - 22.4% and the one-year national readmission rates range from 30% - 54.8%. In Mississippi, our hospitals have a 3% readmission rate for 30 days and 23.5% readmission rate for one-year.** To learn more about the civil commitment process and community alternatives to commitment, visit <https://mentalhealthms.com/civil-commitment/>.

What's New at the APA

APA celebrated one year since the launch of [LaSaludMental.org](#), APA's bilingual Spanish/English portal for evidence-based information and resources on mental health and substance use disorders. Four additional pages have been added to the site since launch, with content covering E-Cigarettes and Vaping, Attention-Deficit/Hyperactivity Disorder (ADHD), Posttraumatic Stress Disorder (PTSD), and Opioid Use Disorder (OUD). Read more about LaSaludMental.org in [English](#) or [Spanish](#).

Videos for Sharing:

APA's [Youtube channel](#) has a plethora of mental health focused videos you can use on social media or share elsewhere. APA recently released an animated explainer video on opioid use disorder in both [English](#) and [Spanish](#). Check out our [playlist](#) to view and share all our Spanish language mental health videos.

October Course of the Month – Neurobiology and Treatment of Post-Traumatic Stress Disorder

Post-traumatic stress disorder (PTSD) is a disabling serious psychiatric illness which has been increasing in prevalence in recent years. This course will describe the diagnosis, epidemiology, pathophysiology and treatment of PTSD, with an emphasis on evidence-based treatments.

[Click here to access the Course of the Month and sign up for updates about this free member benefit.](#)

Register Now for the 2023 Mental Health Services Conference

Join hundreds of mental health professionals already registered in forging the future of collaborative care. Taking place in-person October 12-14 in Washington, D.C., this is a conference of connecting, credit earning, and collaborating for the entire care team. Don't miss out – space is limited.

[REGISTER TODAY](#)

Nominations open for new Council on Women's Mental Health

APA's Board of Trustees recently approved the creation of a Council on Women's Mental Health. The council will centralize APA's work related to women's mental health and serve as a source of information, guidance, and support for other APA components. [Nominations are open for APA members](#) until Nov. 15.

Silent Storms: Unraveling Perinatal Mental Health: On-Demand Webinar Available to Enhance Care during Perinatal Period

An On-Demand webinar is now available on the topic of mental health during the perinatal period, open to all. Viewers will learn about SMIs specific to this phase, their risk factors, and strategies for awareness and destigmatization.

[REGISTER HERE](#)

@theAPA November Event:

Mark your calendars for November 17 to join us at APA Headquarters for the **Child and Adolescent Psychiatry Update**. This second event of our new immersive learning series will provide an update on the five critical domains relevant to practicing psychiatrists and primary care

physicians. Don't miss this opportunity to stay informed and enhance your professional expertise. [Sign up for Updates.](#)

Be a part of APA's Speakers Bureau

APA is seeking members who are active and engaged in Component activities to be a part of APA's Speaker's Bureau. The Speaker's Bureau is aimed at diversifying and broadening APA's bench of public-facing experts. In addition to traditional media requests, APA has a number of other opportunities available for members who are willing to share their expertise. This includes writing blogs on important mental health topics, providing government testimony, and participation in social media events, like Twitter chats, Instagram live, and more.

Members of the APA Speaker's Bureau, as an internal influencer group, will also be asked to amplify APA's voice by promoting public education initiatives via social media and engaging during APA social media events.

Simply scan this QR code to access the speaker's bureau form and add your voice.



Note: Any personal information shared is kept **strictly confidential** and only able to be accessed by APA Communications staff. We ask for this information so that we can get a decent picture of who our experts are and make the best match for a given opportunity. Participation in this project does not guarantee that a member will be contacted for a media interview or other public-facing opportunity.

Please contact James Carty (jcarty@psych.org) with any questions you may have.